



# Health Accord

for Newfoundland & Labrador



A 10-year health transformation

# Our Vision

is improved health and health outcomes of  
Newfoundlanders and Labradorians through:

acceptance of and interventions in  
**social determinants of health,**

and a higher quality health system  
that **balances community, hospital,  
and long-term care services.**

# Our Objective

Use evidence, strategies and public engagement to create  
a 10-Year Health Accord  
that will improve health in Newfoundland and Labrador,  
and do so within the fiscal envelope of the province.



**Equality**



**Equity**



**Justice**



**Inclusion**





# A compelling case for change

Health crisis

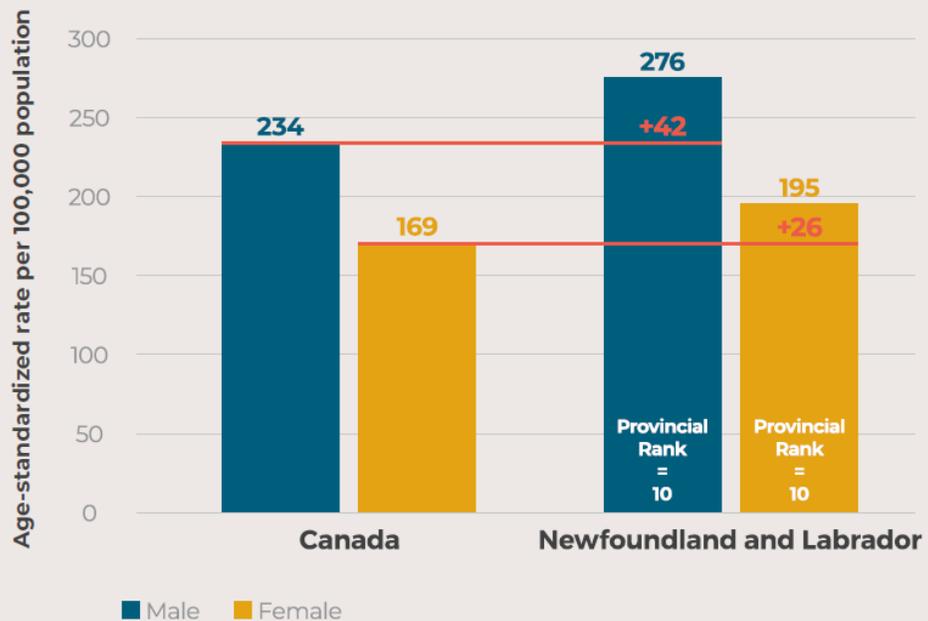
Substantial demographic change

Sustainability of the current model of health care

Fiscal crisis

Climate change

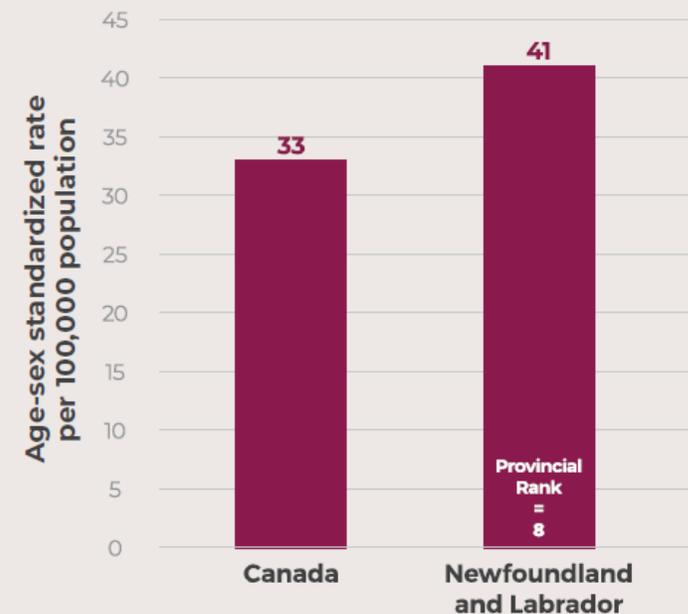
## Cancer Mortality



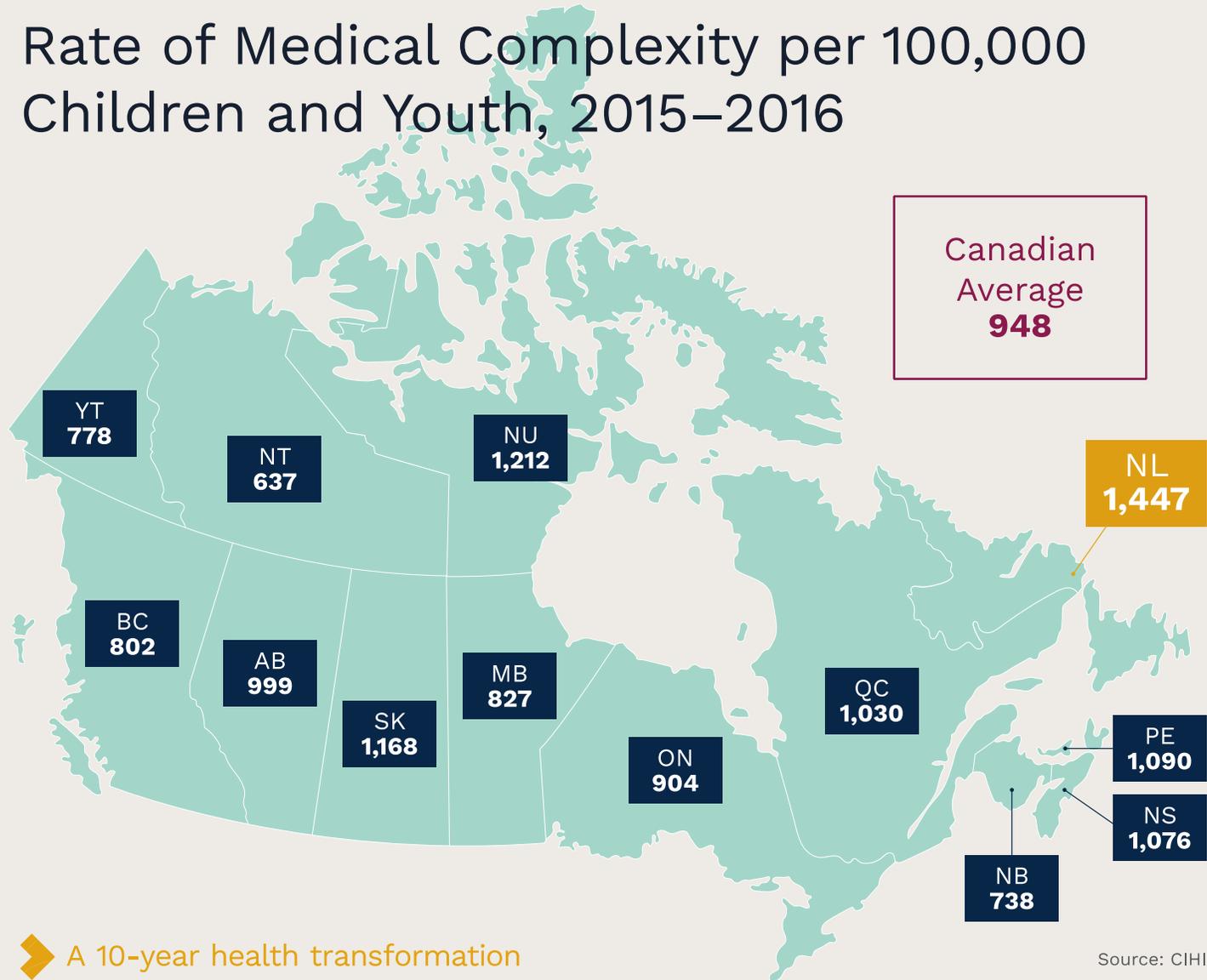
## Cardiac Disease Mortality



## Stroke Mortality



# Rate of Medical Complexity per 100,000 Children and Youth, 2015–2016



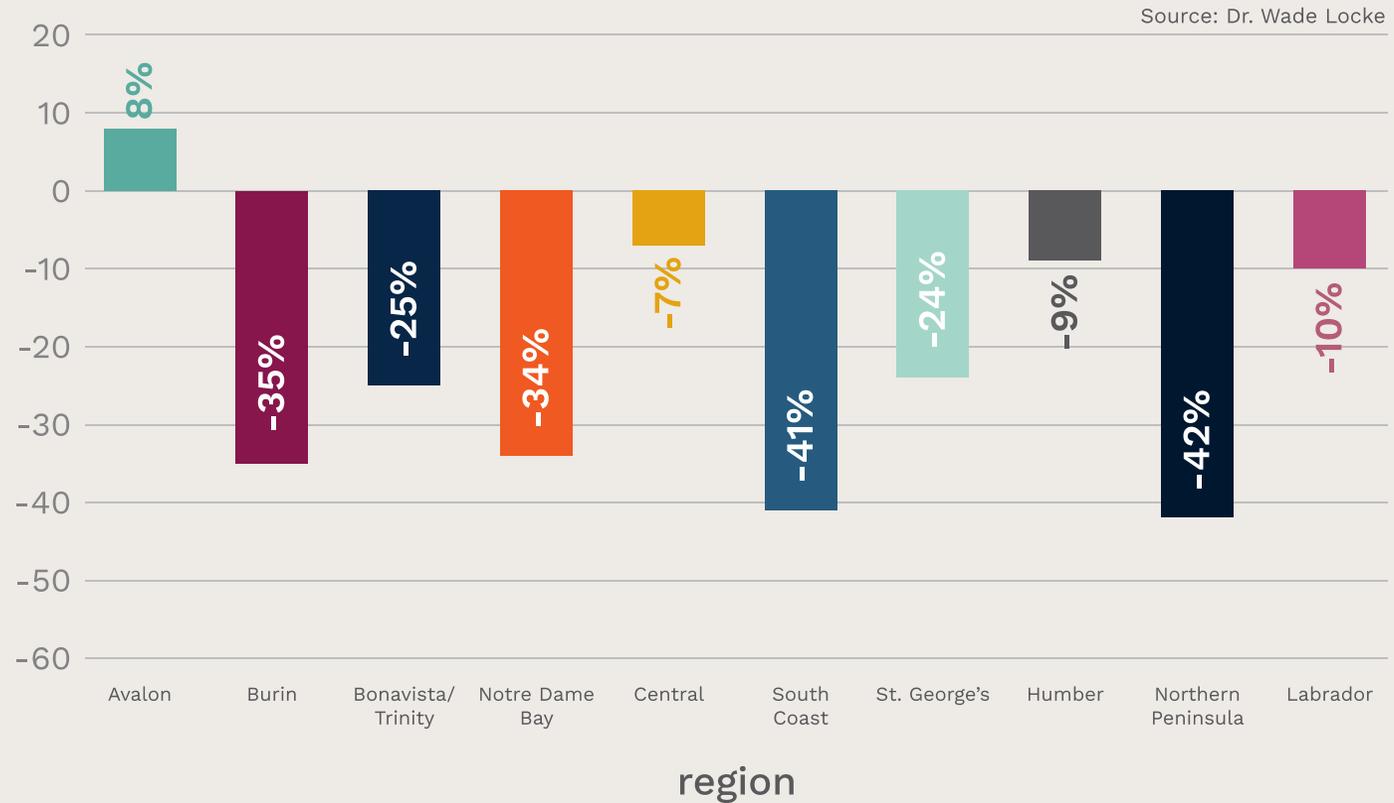
Newfoundland and Labrador has the **highest rate in Canada** of children and youth with multiple health care needs.

This means that **1,000 children in our province have complex health care needs.**

The rate of medical complexity in NL is

**34% higher than the national average.**

# Percent Change in Population by Region (1990-2020)

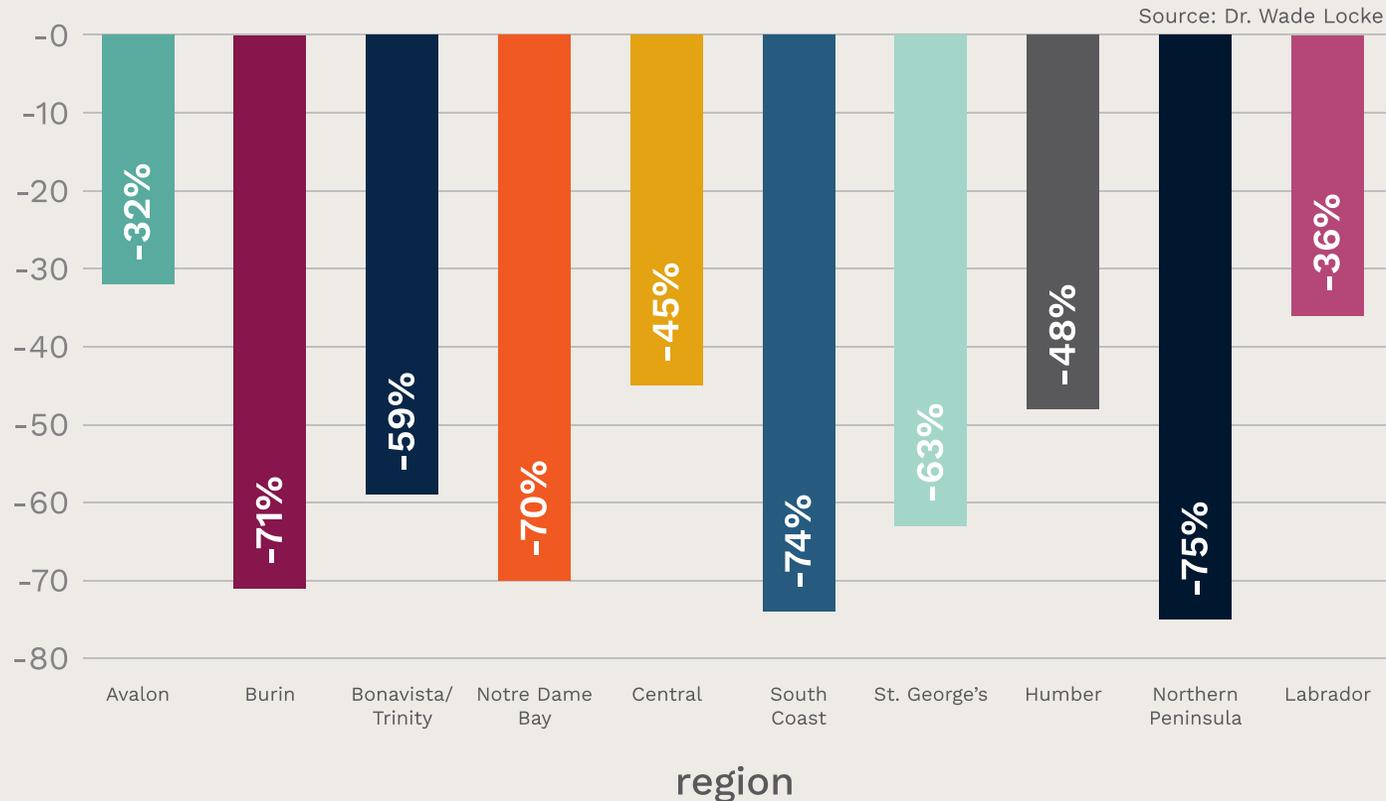


The **Avalon** is the **only region** of the province that has seen a **population increase** in the last 30 years.

Overall, NL has seen a **major decrease in population over the last 30 years.**

This loss in population is **most evident in rural and coastal communities,** especially on the **South Coast, Northern Peninsula, Burin and Notre Dame Bay.**

## Percent Reduction in Children Under 15 Years of Age by Region (1990-2020)



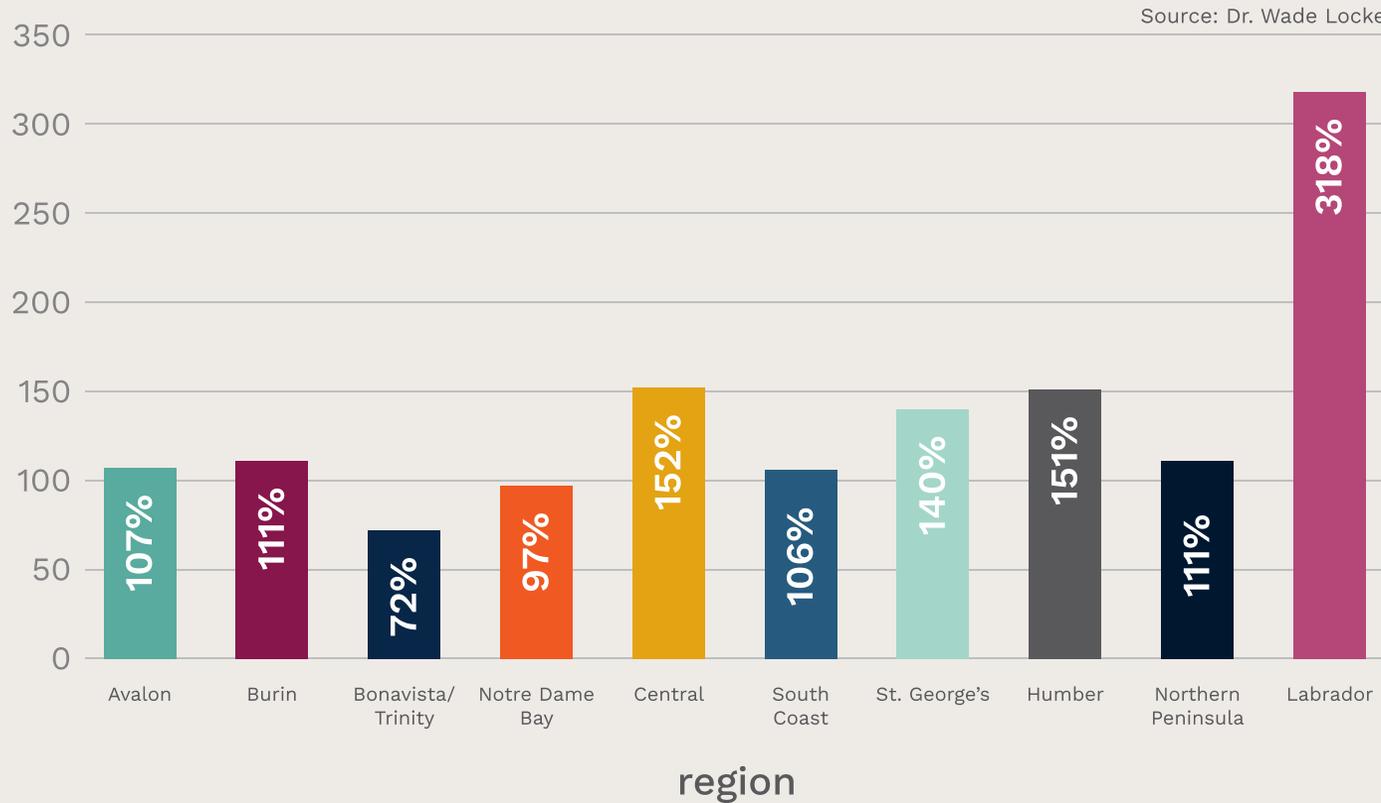
The percentage of our population under the age of 15 has seen a **dramatic decrease over the last 30 years, especially in rural communities.**

Despite an overall increase in population on the **Avalon**, there has been a **32% decrease** in the number of children under the age of 15.

The most extreme reduction **(70% and higher)** has been in **Notre Dame Bay, Burin, the South Coast and Northern Peninsula.**

➤ A 10-year health transformation

## Percent Increase in the Number of Seniors by Region (1990-2020)



Over the last 30 years, **every region of the province** has seen a **large increase** in the **number of seniors**.

**Labrador has seen a particularly large increase in the number of seniors.**

The senior population of our province

**will continue to increase over the next 20 years.**

# Let's Face the Facts About Poverty and the Economy

1

Poverty  
=  
ill health

2

Poverty is  
very expensive

3

Big public spending  
on consequences,  
not causes

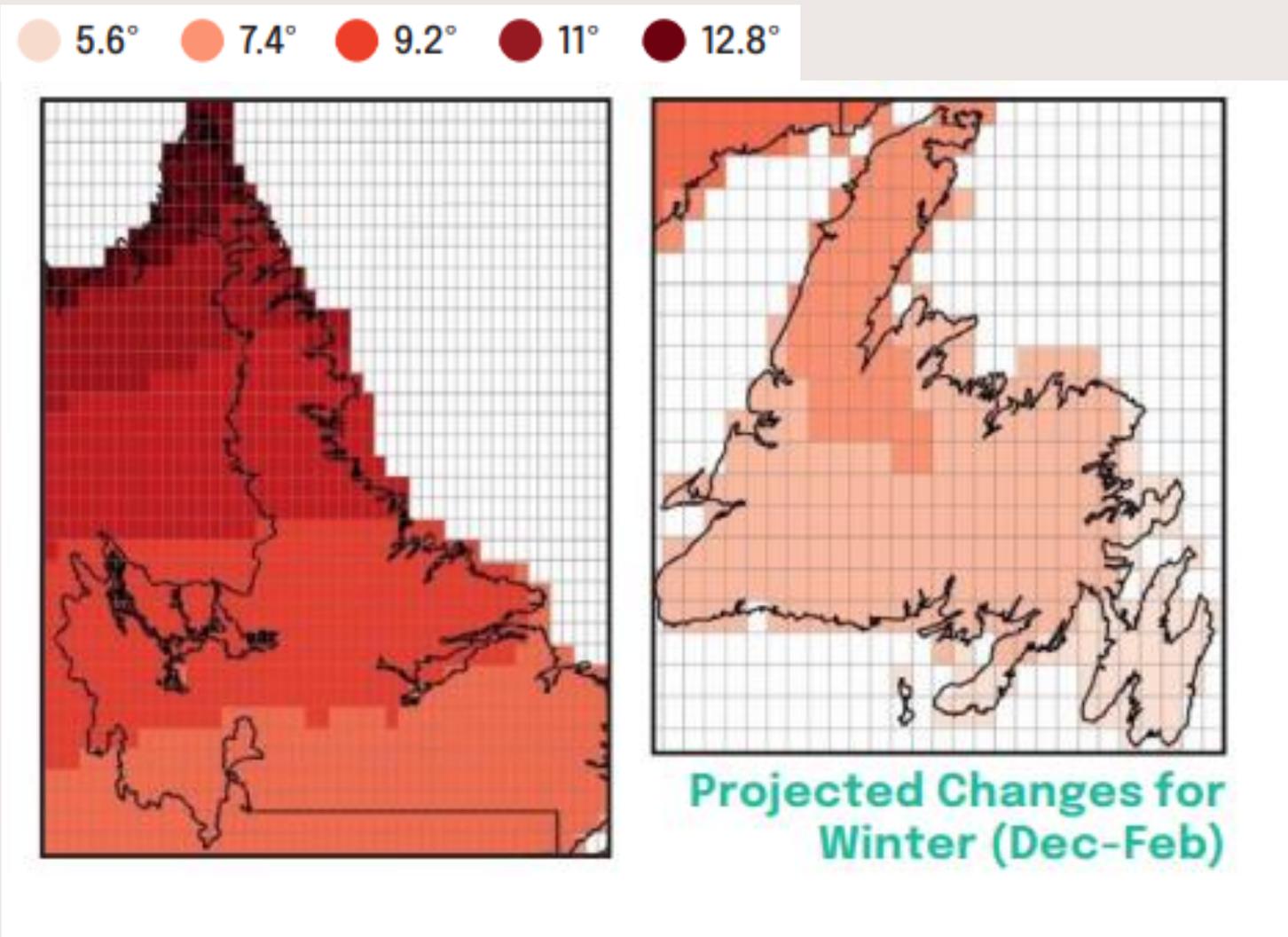
4

Child poverty is **unjust**.  
Its economic and financial  
costs **last a lifetime**

5

Economic Development  
~  
Healthy Society

# Temperature Change in Newfoundland and Labrador



Source: Government of Newfoundland and Labrador; Memorial University

Let's recall how we are reimagining health in  
Newfoundland and Labrador

<https://youtu.be/uRcTnAzOpqc>

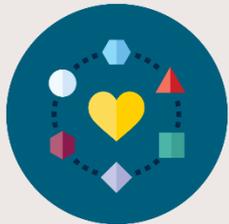
# Actions

## Social Determinants of Health



Implement basic income, address food security and housing security

Strengthen the poverty reduction strategy and facilitate access to income support and MCP



Increase awareness and immediate action on a Provincial pathway for inclusion (including anti-racism)

**“Nothing about us without us”**



Speed up implementation of Government’s climate action plan

Strengthen the impact of the move to the green economy through a “Just Transition”

# Actions

## Social Determinants of Health



Integrate child health in schools and health system

Provide multi-disciplinary care to children and youth in care or with medically complex needs



Implement a health-in-all-policies approach within Government, municipalities, and public and private sector organizations

# Actions

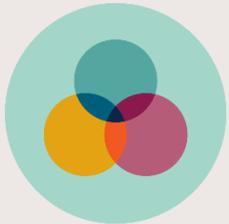
## Aging



Address ageism and build age friendly communities



Pass legislation to provide appropriate, quality and accessible care and protection for older persons



Implement an integrated continuum of care that starts in community and goes through to end of life care

# Actions

## Community Teams



Implement new community teams to improve health and social system care starting with high priority areas, including rural areas and regions without good access to primary care, using start-up funding from the federal government

- ✓ Team: doctors, nurse practitioners, nurses, allied health professionals including social workers, elder care, mental health workers, others
- ✓ Integration with the 23 health centres and the hospitals
- ✓ Formal links with social program teams and community organizations
- ✓ Optimal catchment population 6000-7000 and up
- ✓ All providers for a catchment area digitally connected to each other and to the people

Let's see how the Community Teams will work

<https://youtu.be/NluYzqas-zU>

# Actions

## Hospital Services

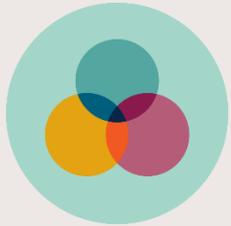


Provide 3 levels of hospital services –  
community (from 10,000 to 40,000),  
regional (over 80,000), tertiary (over 500,000)

- ✓ Level of services depends on needs of the catchment population, number of people, geography, and ability to recruit and retain health professionals
- ✓ Sustainability is important where volume of patients requiring a specialty service is small
- ✓ Access to specialists is enhanced by virtual care and by visiting specialists

# Actions

## Hospital Services



Engage with communities in the integration of new community teams and provision of services within health centres, community, regional and tertiary hospitals



Align the number of acute care beds with the objective of having 85% occupancy, length of stay similar to Canada, and reduction in alternate level of care

# Actions

## Frail Elderly



Start a formal Frail Elderly Program centred in regional hospitals with outreach to community hospitals and community teams



Include in the Frail Elderly Program prevention of frailty in the community, stroke care and restorative care in hospitals



Reduce 'alternate level of care' beds in hospitals and health centres by appropriate management, proactive restorative care, and better access to long-term care beds

# Actions

## Emergency Services



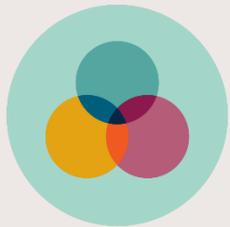
A 24-hour, integrated, province wide air/ground ambulance system, staffed by advanced care paramedics



A virtual emergency room supported by doctors and nurse practitioners



Fast transport to the 13 hospitals, all of whom have a CT scanner



A model of collaborative, urgent care in individual health centres based on the distance from a hospital emergency room, the size of the catchment population, geography and sustainability of health teams

# Actions

## Digital Technology



Modernize the provincial Health Information System



Give priority to improvements in virtual care provision



Link social and health systems

# Actions

## Human Resources



Create a Provincial Health and Social Sector Human Resource Plan inclusive of:

- ✓ Workforce Transition Guiding principles and plans
- ✓ Health and social sector environment enabling all providers to work to highest scope of practice
- ✓ Strategic recruitment plan to ensure providers to provide support and care
- ✓ Strategies to engage, stabilize, and retain the current and future health and social system workforce



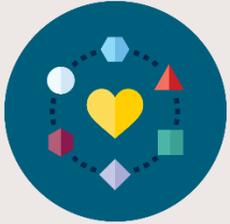
Create an environment that values leadership and management and inspires those with potential to lead

# Actions

## Education



Apply guiding principles in health education development and delivery initiatives



Develop and deliver an integrated, inclusive and collaborative care model for health education where practitioners learn and practice together



Update and renew curriculum for health and social system practitioners to better prepare them to deliver equitable, multi-disciplinary care to the full scope of their practice



Provide education and resource support to the people of the province to facilitate their full participation in a modernized learning health and social care system

# Actions

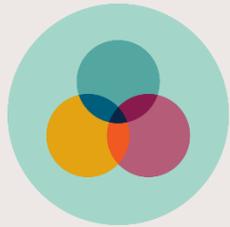
## Governance



Create a provincial authority to govern province-wide elements of health system (information systems, ambulance, recruitment and retention, procurement, standards of care, health education)



Provide regional structures to deliver health programs and services, to link with other systems that influence health, and to engage with members of the public and community groups around health-related issues



Establish a new regional approach to ensure the integration of health-related services (health, social care, justice, education, recreation, health promotion, municipalities, health education sector, community organizations)



Establish a statutory Council for Quality and Performance

Implement a new governance model for health and social information

# Actions for Engagement with the Federal Government



Develop a provincial strategic plan to immediately engage the federal government for funding on:

- ✓ poverty reduction (including approach to basic income, housing and food security)
- ✓ climate change
- ✓ childhood development
- ✓ meeting the needs of the aging population
- ✓ community teams
- ✓ broadband penetration

Now let's look at how this reimagined system will impact the people of Newfoundland and Labrador

<https://youtu.be/MCTIsObJBoY>

# The Health Accord

## *The Calls to Action*

Delivered January 20, 2022



Includes the Calls to Action — Directions that will transform health in NL



Agreement among the Stakeholders

# The Implementation Plan

## *The Blueprint*

Delivered February 2022



Includes:

- short-, medium-, and long-term actions
- an implementation timeline
- framework options for implementation
- costing information

# Guiding Principles for the Implementation Plan

An Accord

Healthy People,  
Healthy Environment

Diversity and Inclusion

Intersectionality

Sustainability

A Self-Reflective  
Health System

Ripple Effect

Health in All Policies

# Making Health Accord NL Happen

Promise ➤ Commitment ➤ Leadership



Intelligent and committed leadership at the highest political and executive levels of government and of our health and social systems



Wise and energetic leadership from the community sector, private sector, health education sector, municipalities, and Indigenous governments



Continued engagement and persistent demands from every one of us that the calls to action be answered and Health Accord NL be implemented

**Our province. Our health. Our say.**



# Health Accord

for Newfoundland & Labrador

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