



Health Accord

for Newfoundland & Labrador



A 10-year health transformation

A compelling case for change

Health crisis

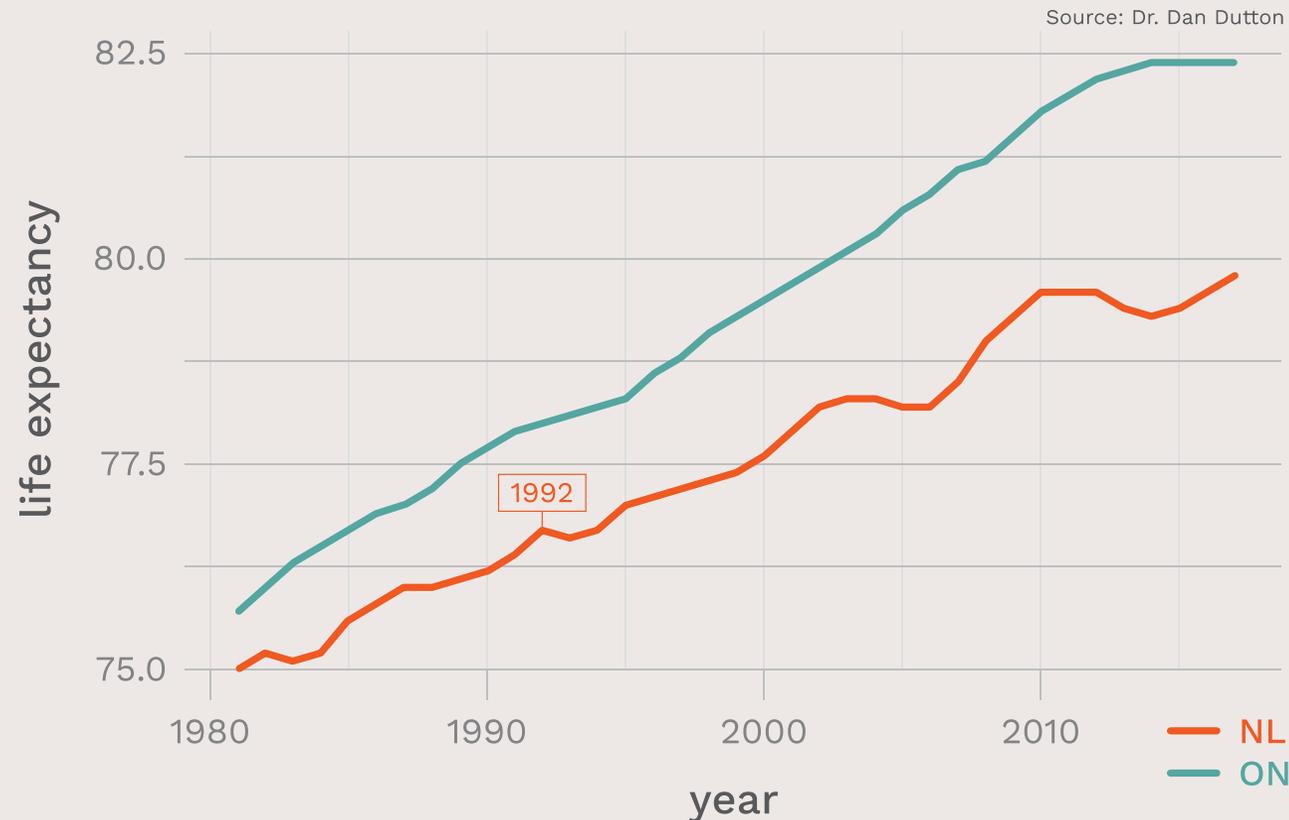
Substantial demographic change

Sustainability of the current model of health care

Fiscal crisis

Climate change

Life Expectancy (NL vs. ON)



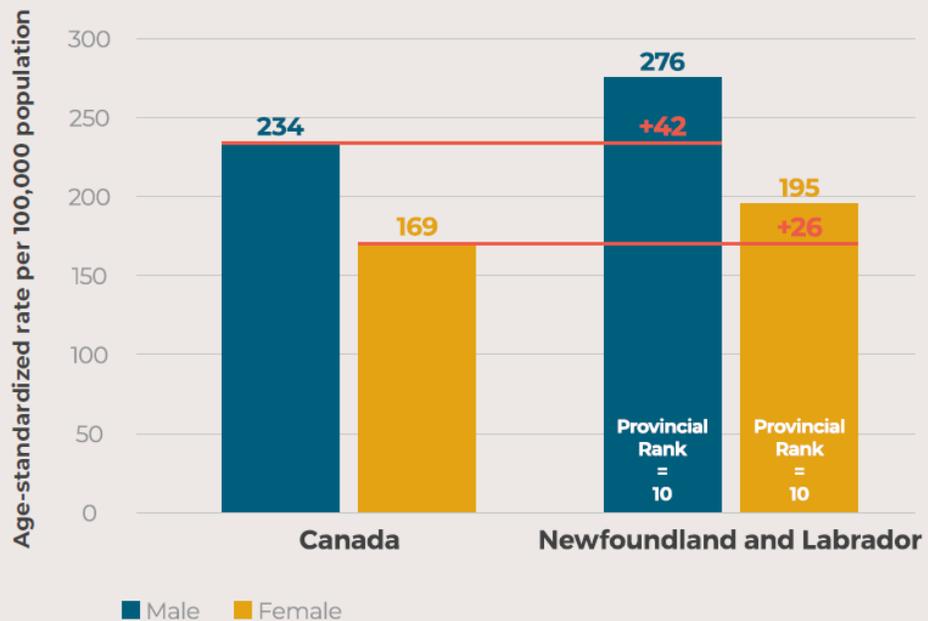
In **1980**, the life expectancy in NL compared to ON **differed by one year.**

In **1992**, there was a **divergence** in life expectancy in NL compared to ON. Since that time, **the gap in life expectancy between NL and ON has continued to increase.**

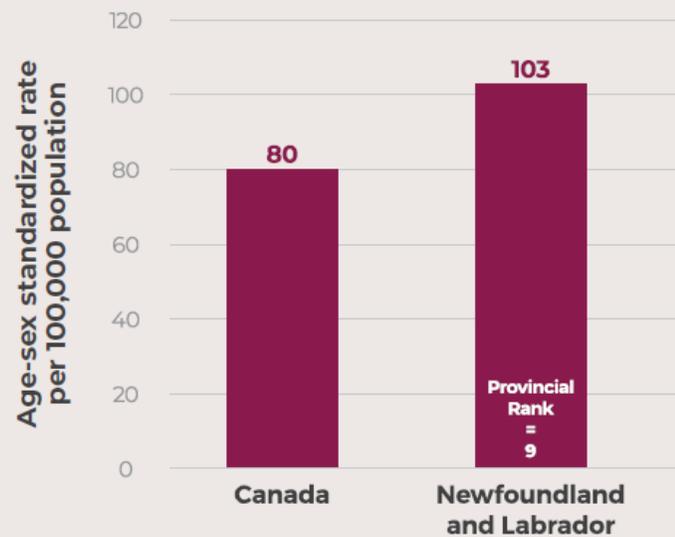
Today, people in NL live **2.4 years less** than people in ON.

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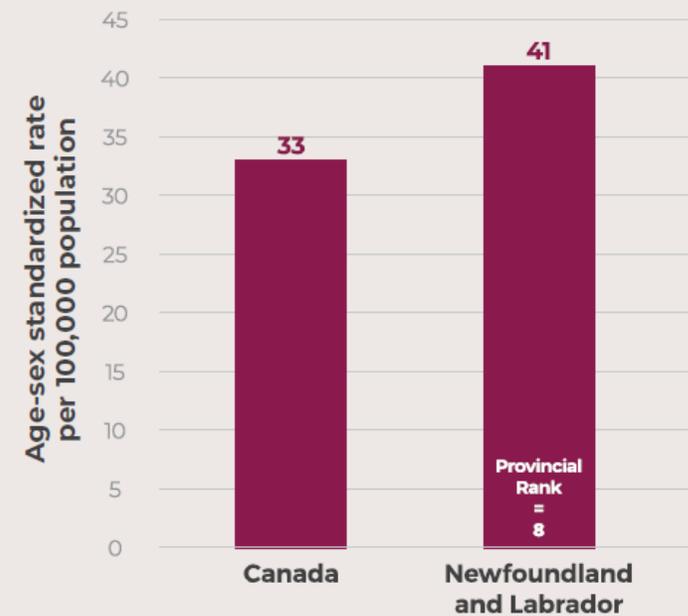
Cancer Mortality



Cardiac Disease Mortality

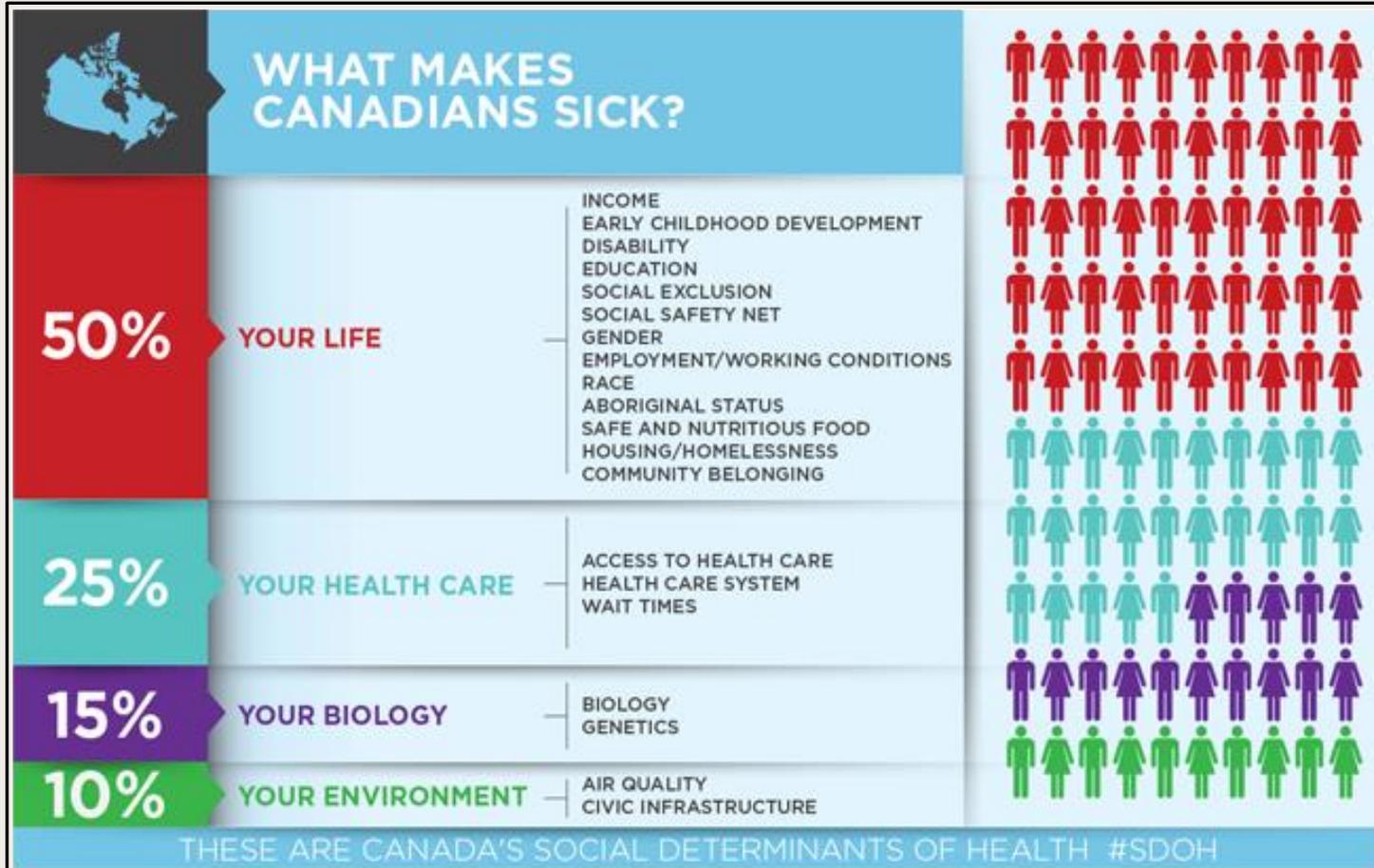


Stroke Mortality



Social Determinants of Health matter much more than the Health System.

Source: CMAJ, 2017



The majority (60%) of our overall health is determined by social and environmental factors,

only 25% is determined by health systems.

Let's recall how we are reimagining health in
Newfoundland and Labrador
with a focus on the Social Determinants of Health

Round 4-Animation 1

<https://youtu.be/QBKDDYceem8>



Put simply, if health has stopped improving it is a sign that society has stopped improving. Evidence from around the world shows that

health is a good measure of social and economic progress.

When a society is flourishing health tends to flourish.

When a society has large social and economic inequalities there are large inequalities in health. The health of the population is not just a matter of how well the health service is funded and functions, important as that is: health is closely linked to the conditions in which people are born, grow, live, work and age and inequities in power, money and resources — **the social determinants of health.**

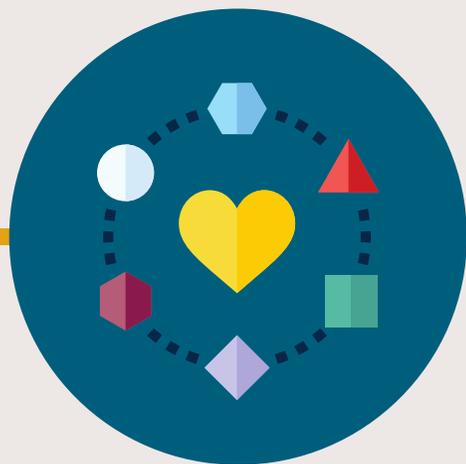
Michael Marmot, 2020



What We Heard



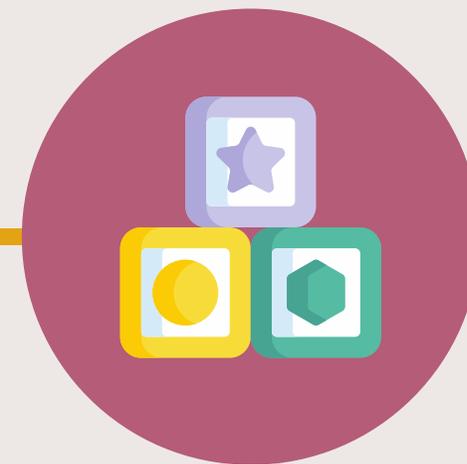
Poverty



Inclusion



**Climate
Emergency**



Childhood

First, let's consider what we
have learned about poverty in
Newfoundland and Labrador

Round 4 - Animation 2

https://youtu.be/j6EYe_GlCTc

Let's Face the Facts About Poverty and the Economy

1

Poverty
=
ill health

2

Poverty
is very
expensive

3

Economic cost of poverty is **far greater**
than the costs associated with 20%
of the population marginalized

4

Big public spending
on consequences,
not causes

5

Child poverty is **unjust**.
Its economic and financial
costs **last a lifetime**

6

Economic
Development ~
Healthy Society



There's overwhelming evidence that spending on programs that alleviate child poverty have huge payoffs.

Paul Krugman, Nobel Prize for Economics



Actions for Poverty

- ✓ An approach to basic income – predictable, reliable and adequate
- ✓ A simplified income support process
- ✓ Food security
- ✓ Housing security
- ✓ A strengthened strategy for poverty reduction
- ✓ Engagement with federal government for funding support

Pathway to Inclusion

Round 4 - Animation 3

<https://youtu.be/6zvr8c2yHfA>

Actions for Inclusion

- ✓ Provincial pathway for inclusion – structured in a participatory way
 - “Nothing about us without us”
- ✓ Knowledge transfer, including story-telling
- ✓ Province-wide anti-racism and inclusion policy
- ✓ Accountability mechanisms for health equity at all levels
- ✓ Inclusion lens for policies, programs and environments

Climate Emergency

Round 4 - Animation 4

<https://youtu.be/ip2-1R5DSHQ>



**All that we've learned can't be passed on,
and it's gonna end with the next generation.**

All those good things that kept us healthy and well,
and kept us who we are, and kept us grounded, are not
going to be available, I don't think, to our next generation.

*An Inuit elder talking about the impact of
thinning sea ice in Northern Labrador*





Because everybody is hunting in the same areas,
because **they can't get where they want to get because of lack
of sea ice** — a lot of people are coming back with nothing.

I was told many years ago that there's changes happening,
but I never, ever dreamt that it would be happening as fast as it is.

A hunter and fisherman from Nain

Actions for Climate Emergency

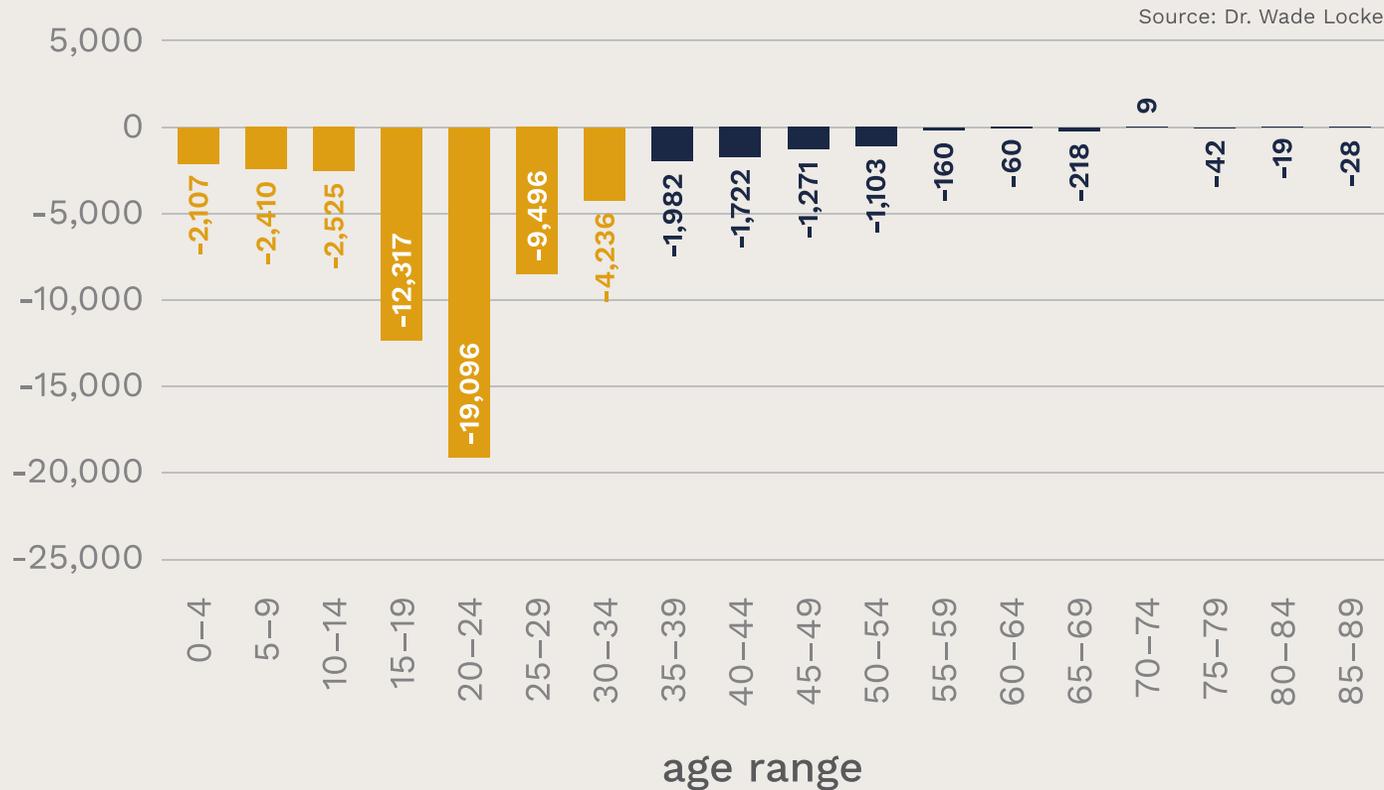
- ✓ Increase awareness of climate emergency throughout NL
- ✓ Speed up the implementation of Government's climate action plan
- ✓ Lessen the impact of the move to the green economy through a "Just Transition"
- ✓ Respond to the health impacts of adaptations to climate emergency
- ✓ Act to reduce the environmental footprint of the health system

Childhood

Round 4 - Animation 5

<https://youtu.be/LTy8dlaDk-0>

NL Net Out-Migration Both Sexes by Age: 1990–2000 (Total -57,114)

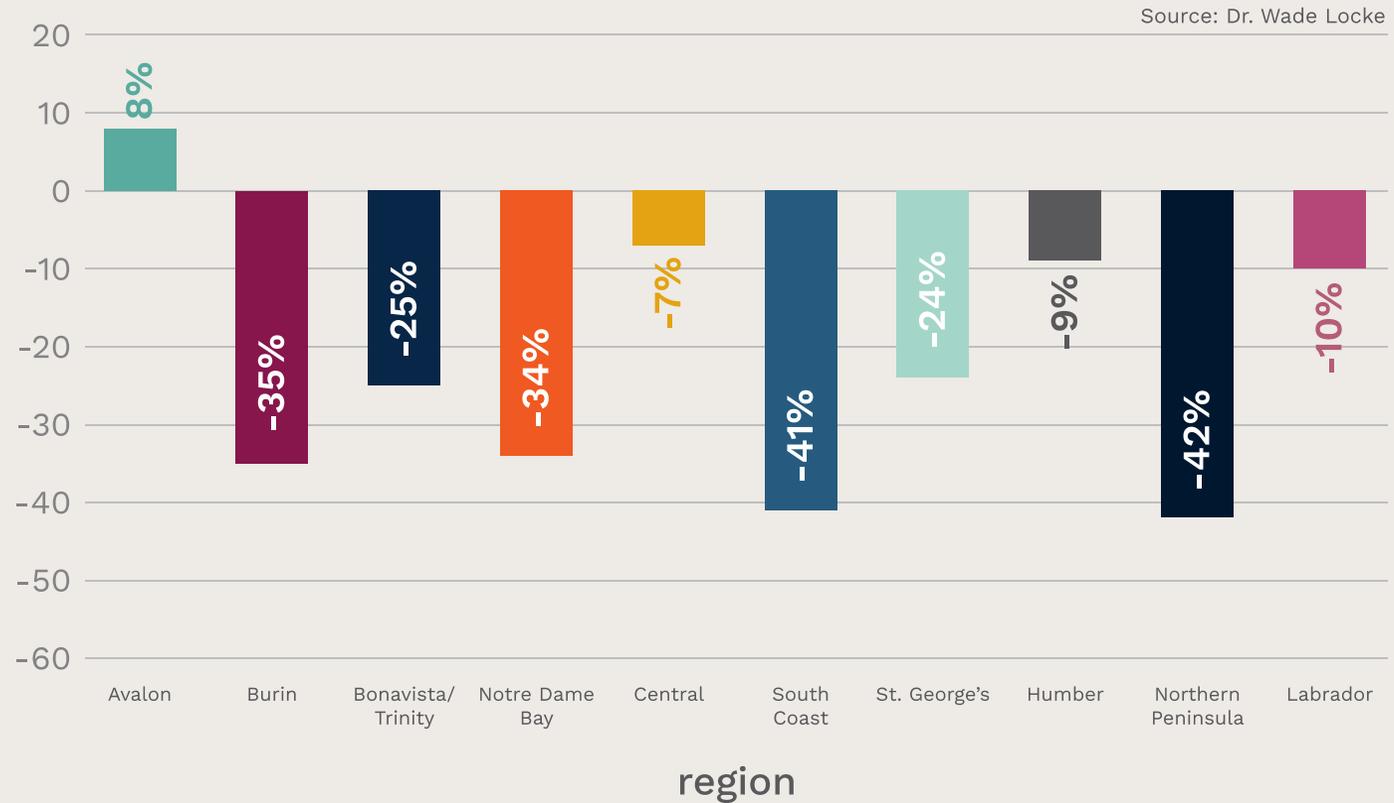


Between 1990 and 2000,
more than 57,000
people left our
province.

That the equivalent of losing
16 people per
day every day
for ten years to out-migration.

Of those people who left,
91% (52,000)
were less than 35 years old.

Percent Change in Population by Region (1990-2020)

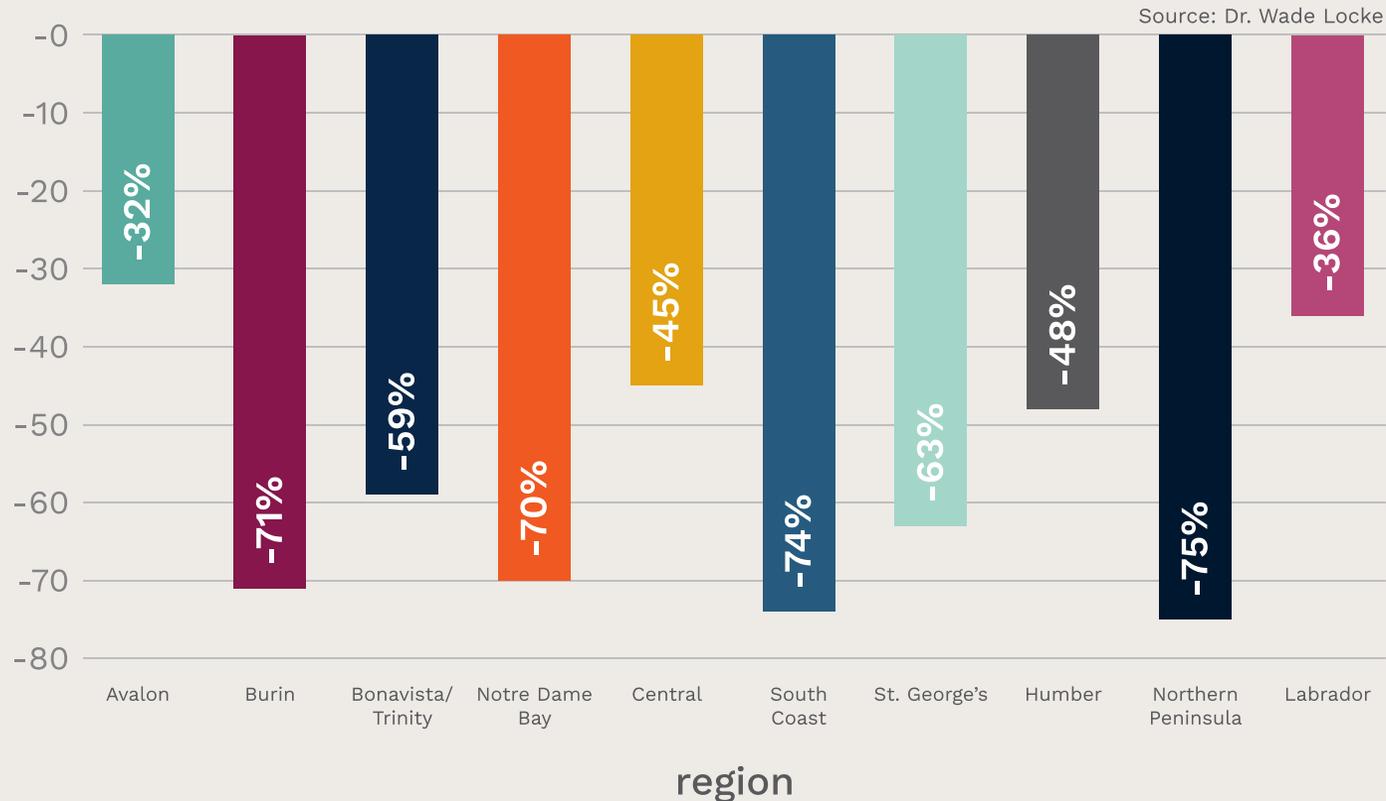


The **Avalon** is the **only region** of the province that has seen a **population increase** in the last 30 years.

Overall, NL has seen a **major decrease in population over the last 30 years.**

This loss in population is **most evident in rural and coastal communities,** especially on the **South Coast, Northern Peninsula, Burin and Notre Dame Bay.**

Percent Reduction in Children Under 15 Years of Age by Region (1990-2020)



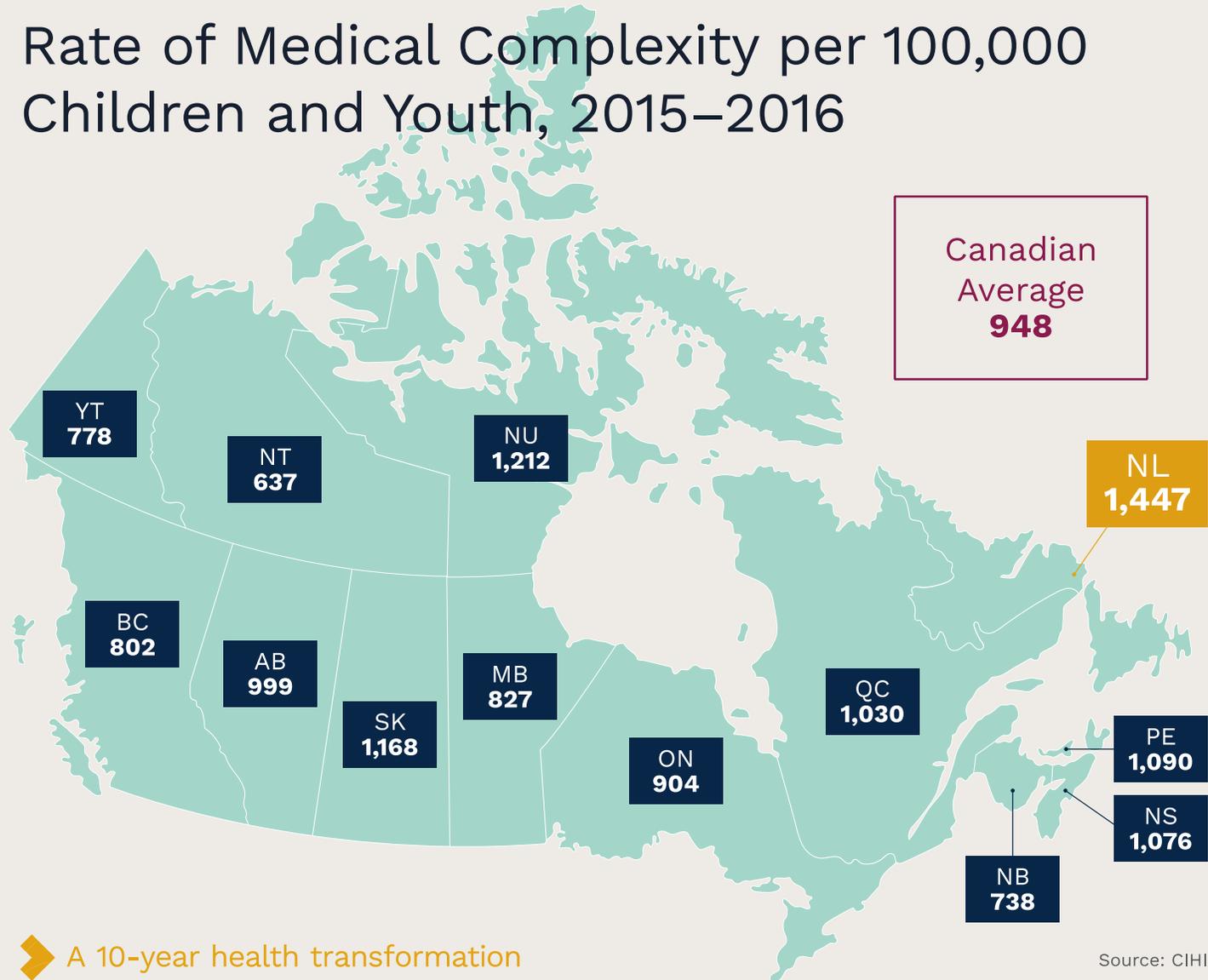
The percentage of our population under the age of 15 has seen a **dramatic decrease over the last 30 years, especially in rural communities.**

Despite an overall increase in population on the **Avalon**, there has been a **32% decrease** in the number of children under the age of 15.

The most extreme reduction **(70% and higher)** has been in **Notre Dame Bay, Burin, the South Coast and Northern Peninsula.**

➤ A 10-year health transformation

Rate of Medical Complexity per 100,000 Children and Youth, 2015–2016



Newfoundland and Labrador has the **highest rate in Canada** of children and youth with multiple health care needs.

This means that **1,000 children in our province have complex health care needs.**

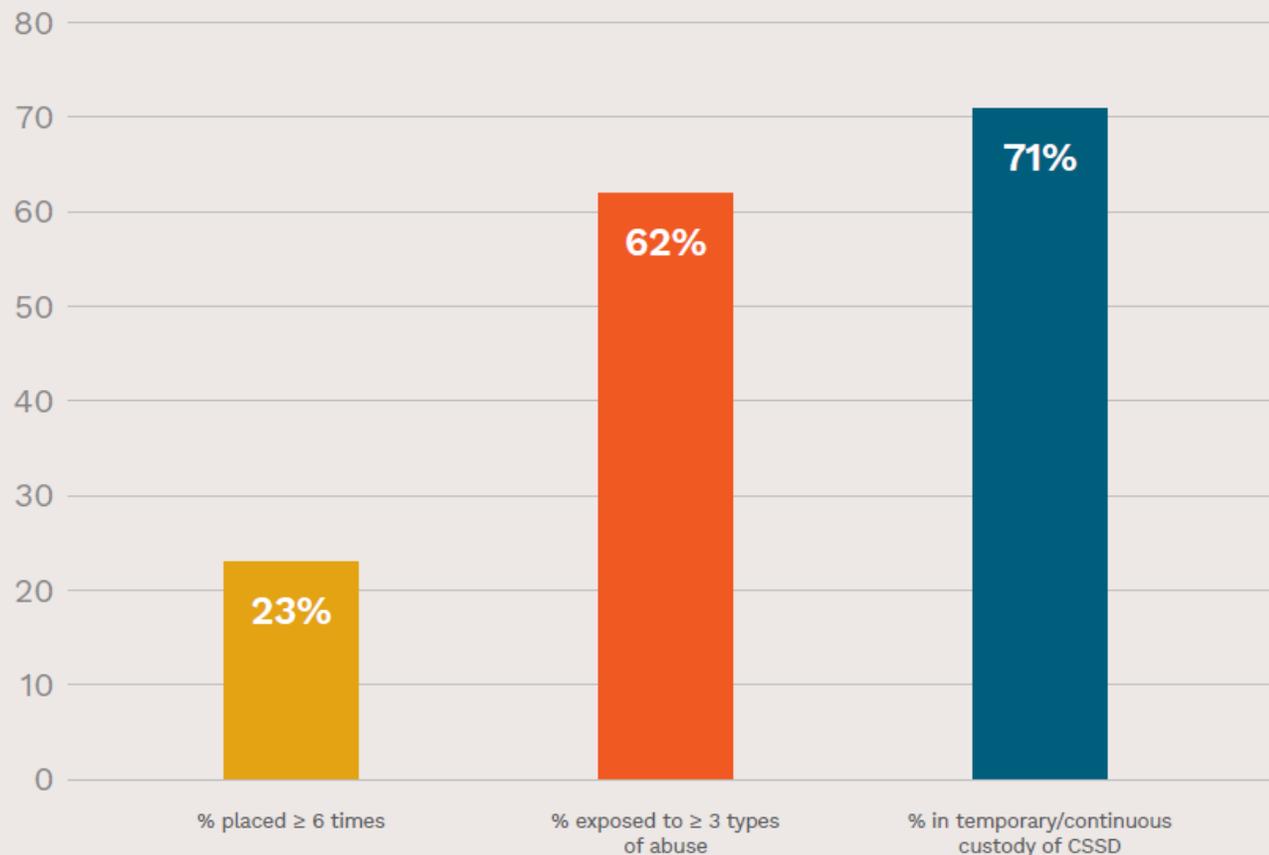
The rate of medical complexity in NL is

34% higher than the national average.

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Source: CIHI

Children and youth in care in NL



In January 2020,
985 children were in out-of-home care.

100 attended multi-disciplinary clinic
at the Janeway in 2020 and 2021.

Of mothers:

- 57% controlled substance abuse exposure
- 33% major mental illness
- 33% major medical diagnosis

Of attendees:

- 51% neonatal complications
- 28% severe behavior problems
- 24% development delay
- 24% neurological diagnosis

Actions for Childhood

- ✓ A strategic plan for health promotion for all children and early intervention
- ✓ Universal access to early childhood education
- ✓ Integrated school health teams linked to community teams
- ✓ One model of community health services for children and youth who have complex health needs
- ✓ A more focused response to the unique, complex needs of children and youth in care

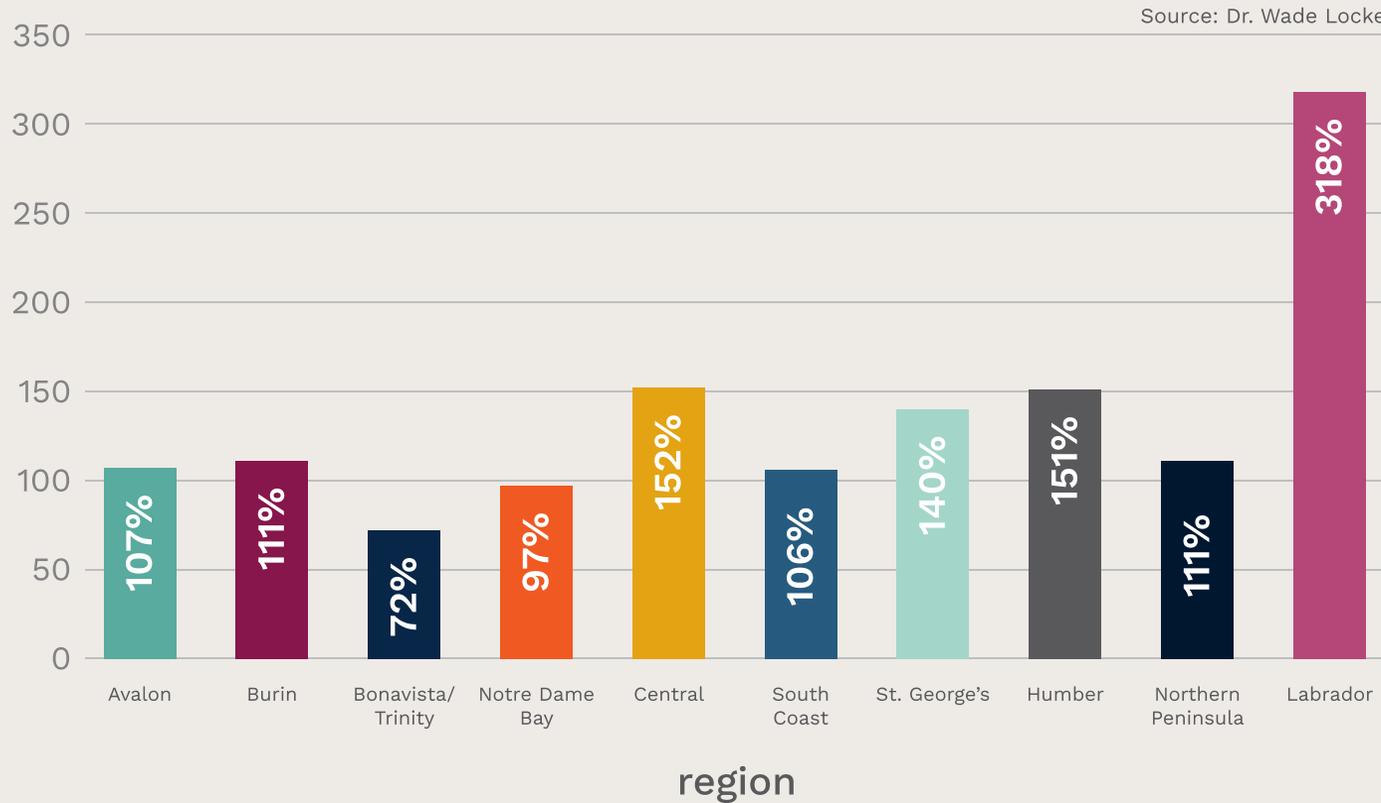


Research suggests that widespread use of high-quality Early Childhood Education programs not only benefits children and their parents but also has a sizable positive impact on the overall economy.

The Conference Board of Canada



Percent Increase in the Number of Seniors by Region (1990-2020)



Over the last 30 years, **every region of the province** has seen a **large increase** in the **number of seniors**.

Labrador has seen a particularly large increase in the number of seniors.

The senior population of our province

will continue to increase over the next 20 years.

➤ A 10-year health transformation

Actions for Aging Population

- ✓ Educate people to eliminate ageism
- ✓ Create new legislation to 1) enshrine the rights of older adults in home care, personal care homes and long-term care facilities; and 2) establish oversight for an integrated, transparent and coordinated approach to quality care – including standards of care
- ✓ Establish a provincial Frail Elderly program including certified age-friendly emergency departments
- ✓ Integrate the continuum of care that starts in community and goes through to end of life care

Actions for Aging Population

- ✓ Increase education requirements and workforce planning for all involved in the care of the elderly
- ✓ Broaden provincial Pharmacare coverage
- ✓ Increase the number of age friendly communities throughout the province

Actions for Quality Health Care

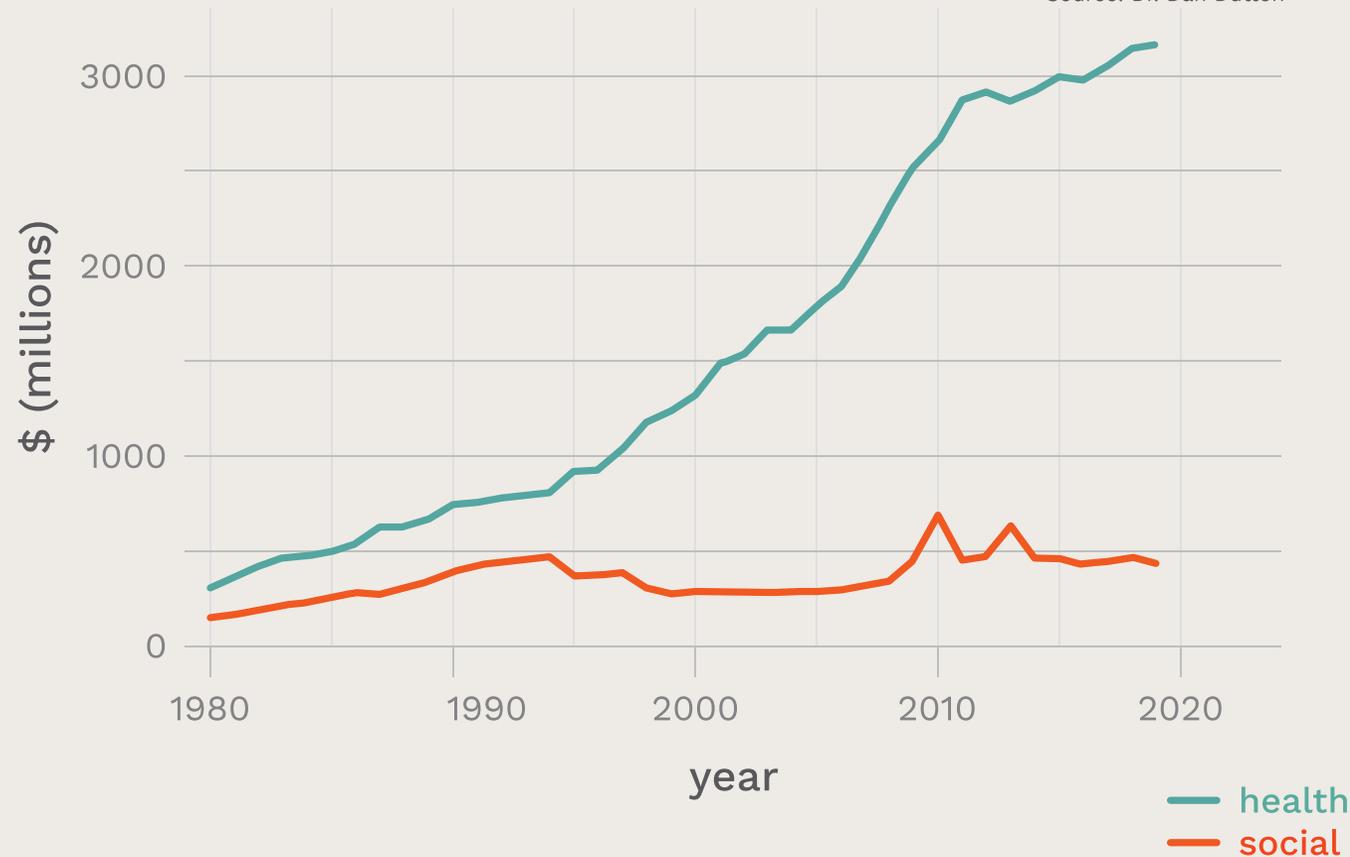
- ✓ Statutory Oversight and Quality Council
- ✓ Accountability structures for health and social systems in the community, in addition to those in hospitals
- ✓ Learning health and social systems

Actions for Digital Technology

- ✔ Virtual care is a reality and likely to benefit this province with its extended geography and high rural: urban population distribution
- ✔ Penetration of broadband 50/10 is currently at 72% of households, estimated to increase to 98% by 2026
- ✔ Province-wide, integrated, health information system

Social vs. Health Spending in NL

Source: Dr. Dan Dutton



Since 1980, there has been an **extreme divergence in health spending vs. social spending** in our province.

The amount of money that NL has put into **health care spending has gone up 232%.**

During that period of time, the amount of money that NL has put into **social spending has not really changed.**

➤ A 10-year health transformation

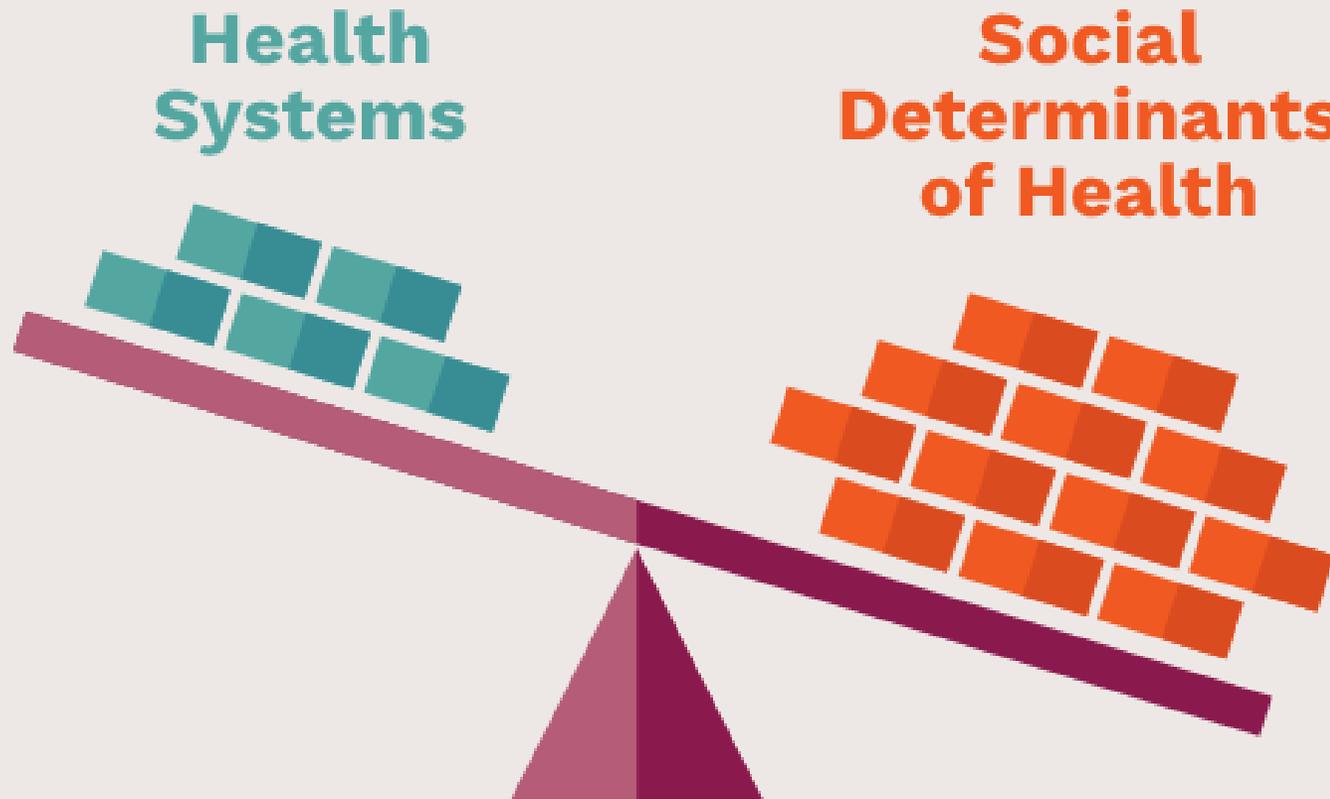
Our Vision

is improved health and health outcomes of
Newfoundlanders and Labradorians through:

acceptance of and interventions in
social determinants of health,

and a higher quality health system
that **balances community, hospital,
and long-term care services.**

For our health, social determinants of health matter much more than the health system



Massive spending on health services **has not improved our overall health.**

If we really want better health, we need **urgent and aggressive action on the Social Determinants of Health.**

We deserve no less, and nothing less will work.



Health Accord

for Newfoundland & Labrador

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