



# Health Accord

for Newfoundland & Labrador

➤ A 10-year health transformation



## 6 Health Myths in Newfoundland and Labrador

**Myth:** We are the healthiest people in Canada.

**Myth:** Health spending is more important than social spending.

**Myth:** We need a doctor in every community and a full-service hospital in every region.

**Myth:** Care for seniors is well resourced.

**Myth:** Many tests and a drug for every ailment mean better care.


**Myth:** Digital solutions are not very helpful in patient care.



# Vision for Health Accord NL

1. Increase awareness of and interventions in the social factors that influence health (social determinants of health)
2. Balance community-based (primary health care, elder care, social care) and hospital-based services

Public engagement is a priority in shaping the agenda  
Six strategies are intended to implement that agenda



# Six facts and six strategies for a 10-year health accord

## FACTS

**1** Worst life expectancy, highest death rates for cancer, cardiac disease and stroke, and highest rate of chronic disease in Canada

### Compared to Canada:

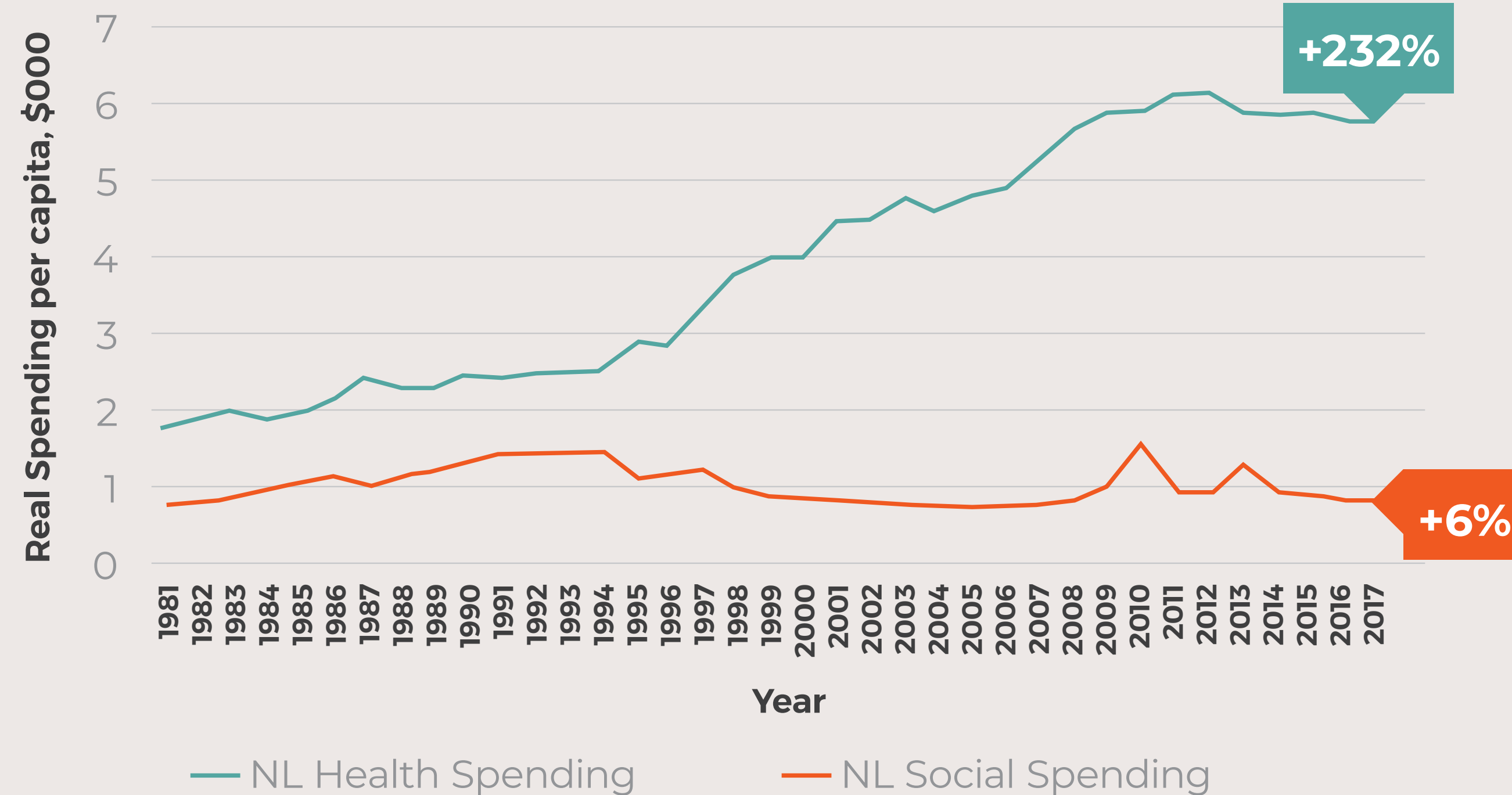
- people in NL have **shorter lives**
- people in NL are **more likely to die** from cancer, heart disease and stroke
- **more** seniors in NL **live with chronic disease**

## FACTS

2 Since 1981, only 6% increase in social spending but 232% increase in health spending

Since 1981:

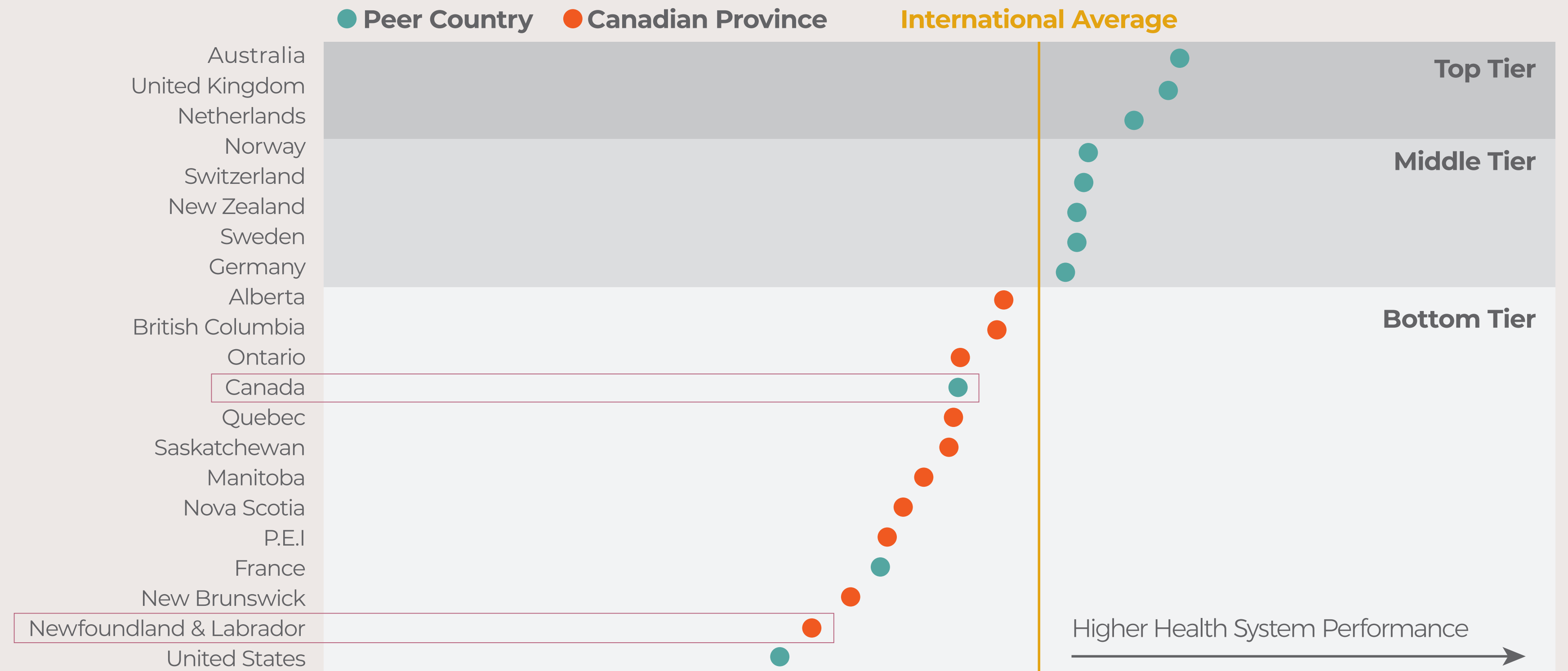
- the amount of money that NL has put into **social spending has not really changed**
- the amount of money that NL has put into **health care spending has gone up 232%**



## FACTS

### 3 Worst health system performance across all Canadian provinces

- NL has the **worst health system performance** in Canada
- Canada has among the **worst health performance in peer countries**

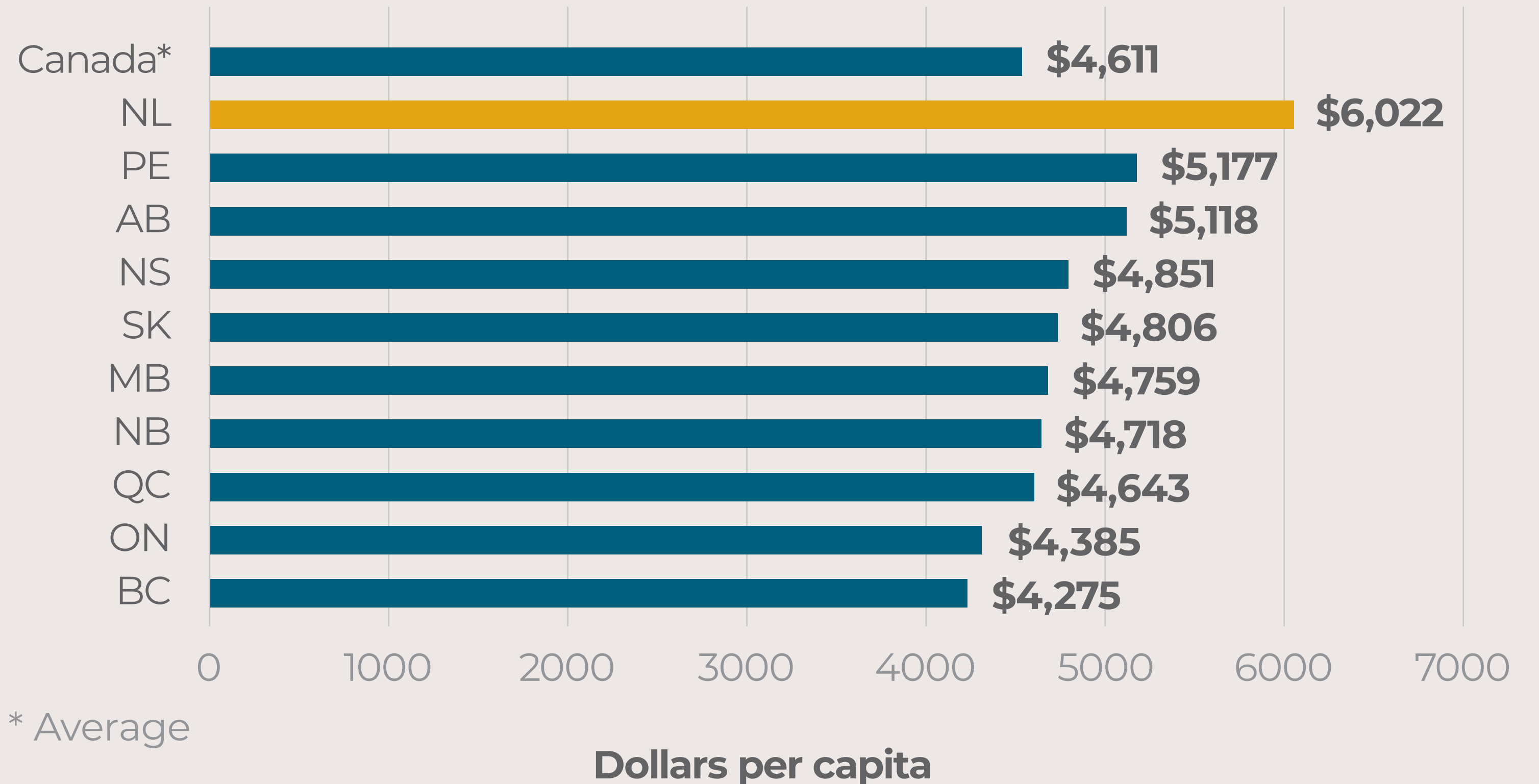


## FACTS

**4** Highest per capita spending on health care in Canada.

NL provides the worst value for spending in health care

NL **spends more** per person on health care than any other province in Canada



Source: CIHI



## FACTS

**4** Highest per capita spending on health care in Canada.

NL provides the worst value for spending in health care

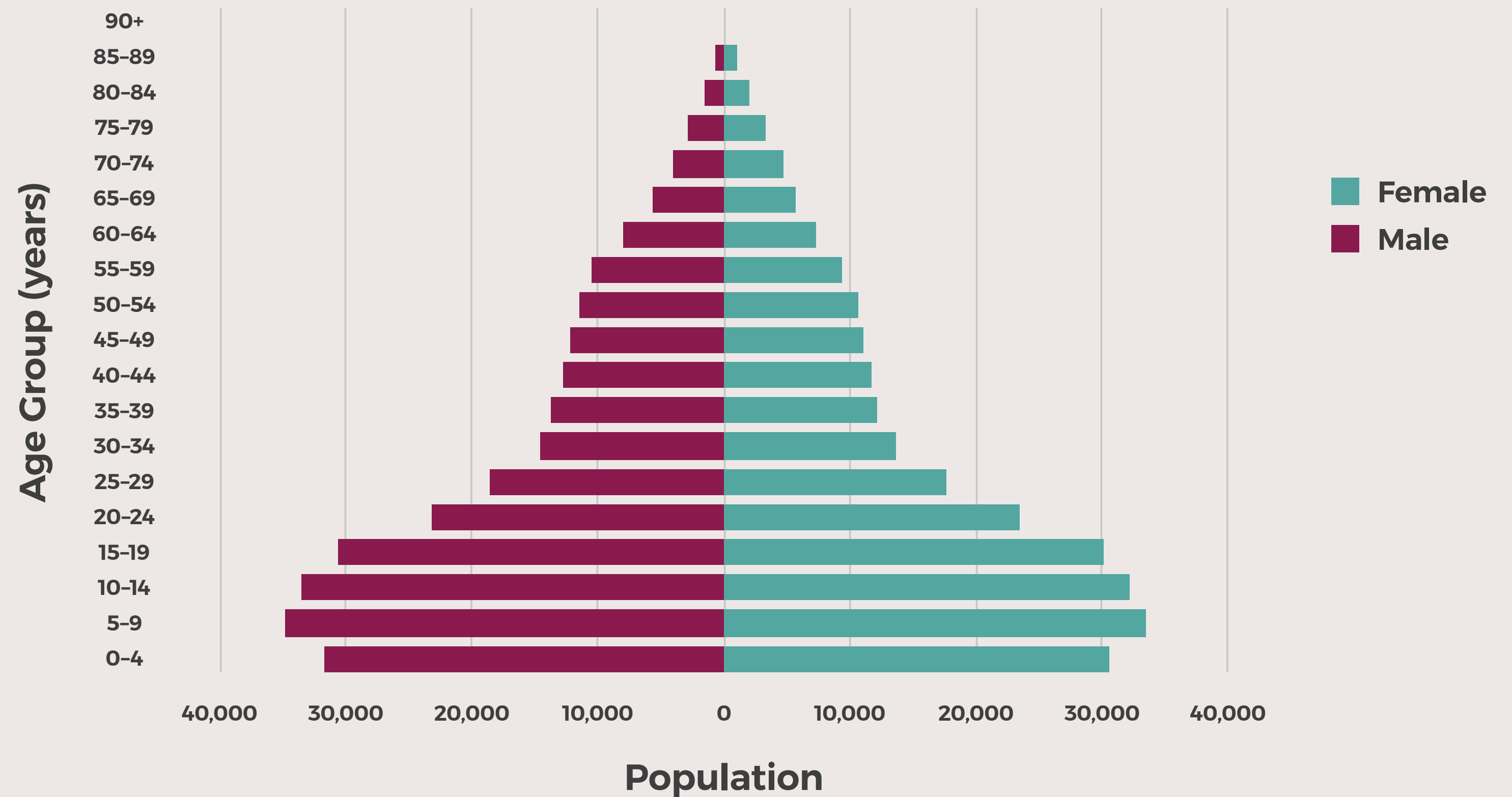
- NL **spends more** per person on health care than any other province in Canada
- Newfoundlanders and Labradorians are the **unhealthiest people in Canada**
- The **money we are spending is not working** for us as well as it should

## FACTS

**5** Demography of the population has radically changed to a low proportion of children, a high proportion of seniors, and departure from rural areas

50 years ago we had nearly 200,000 children and 32,000 people over the age of 65

### NL Population 1971

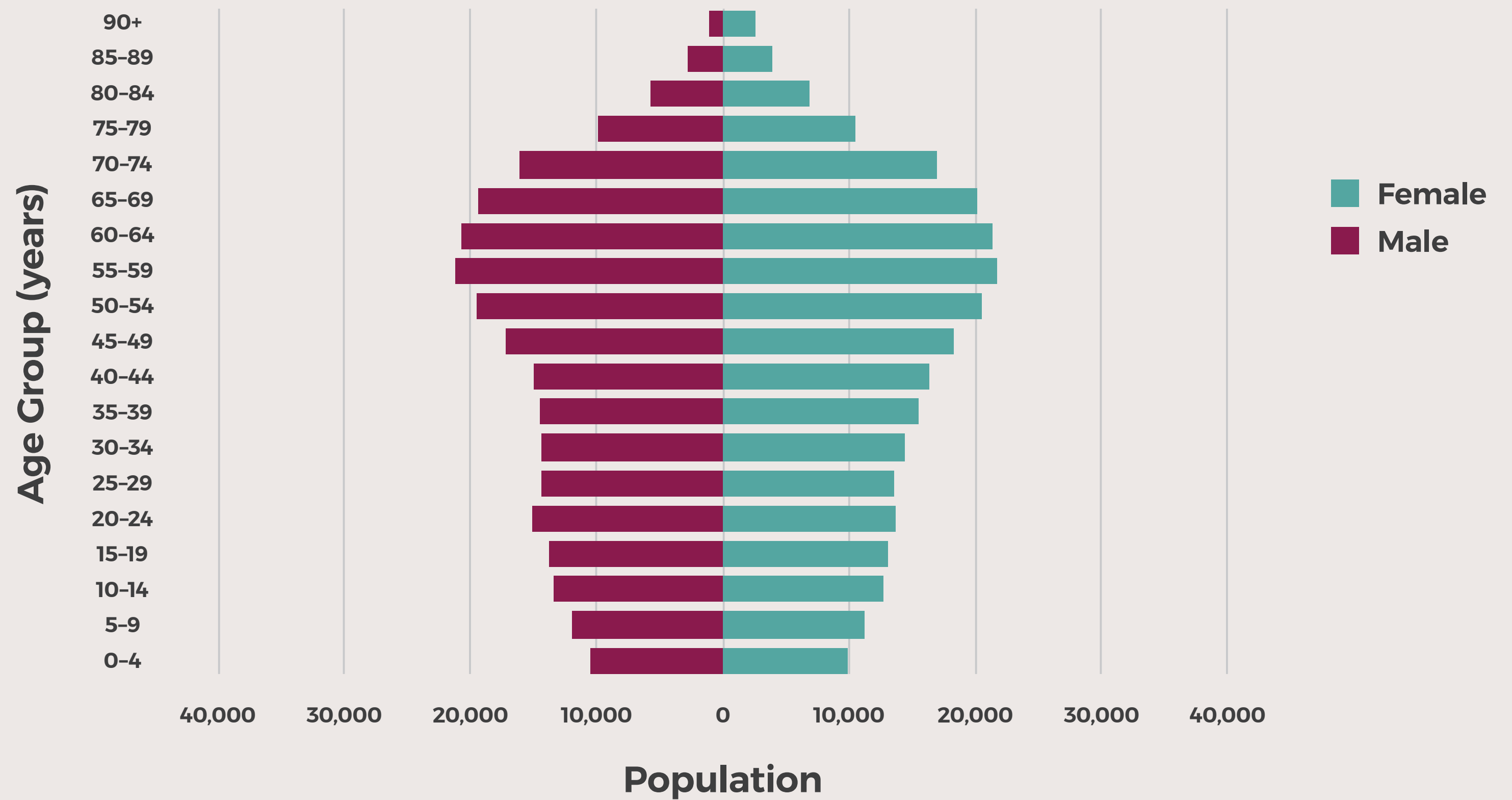


## FACTS

**5** Demography of the population has radically changed to a low proportion of children, a high proportion of seniors, and departure from rural areas

Now we have only 70,000 children and 118,000 people over the age of 65

### NL Population 2020

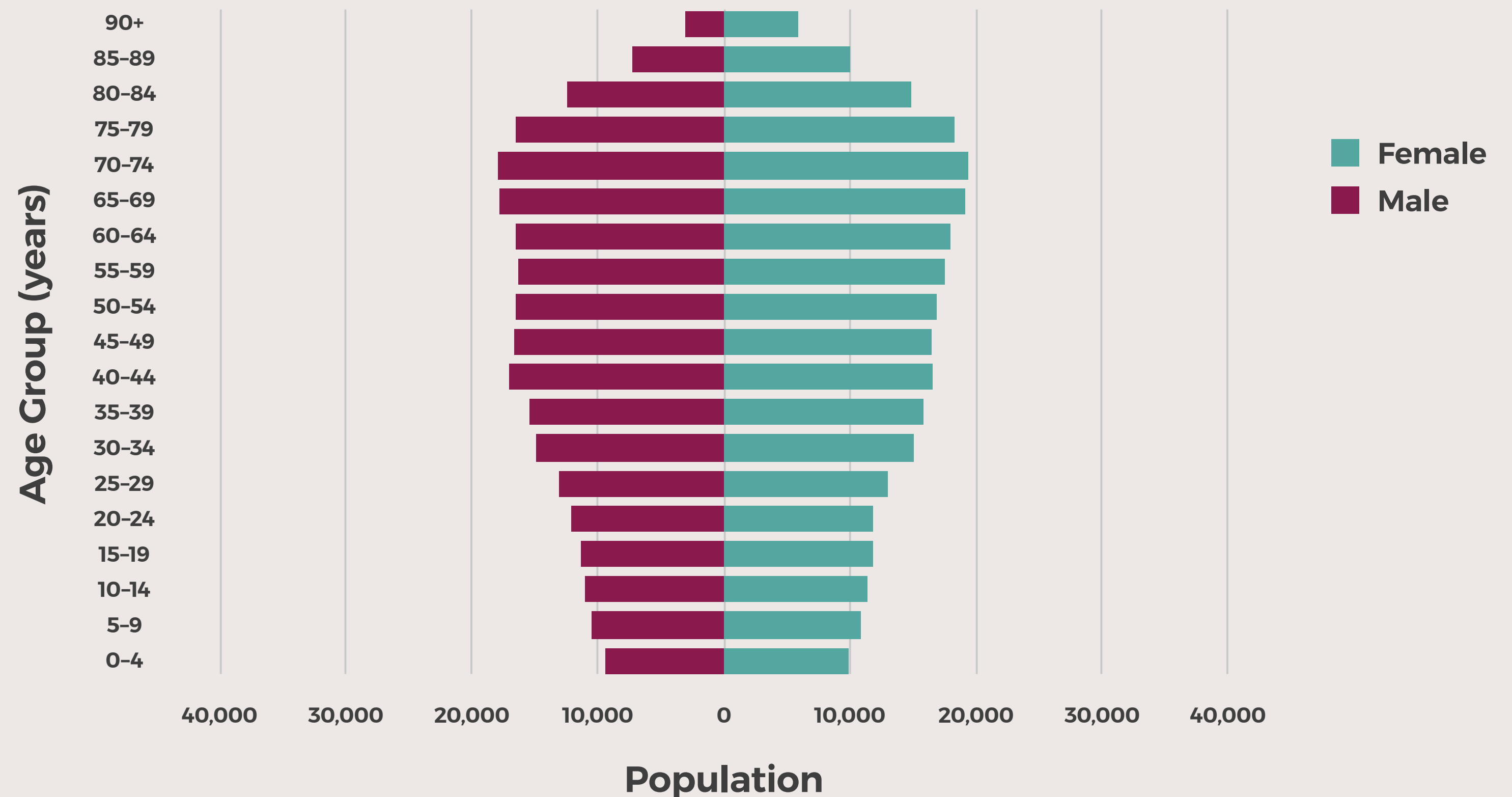


## FACTS

**5** Demography of the population has radically changed to a low proportion of children, a high proportion of seniors, and departure from rural areas

In 20 years, it is projected that this demographic change towards less children and more seniors will continue

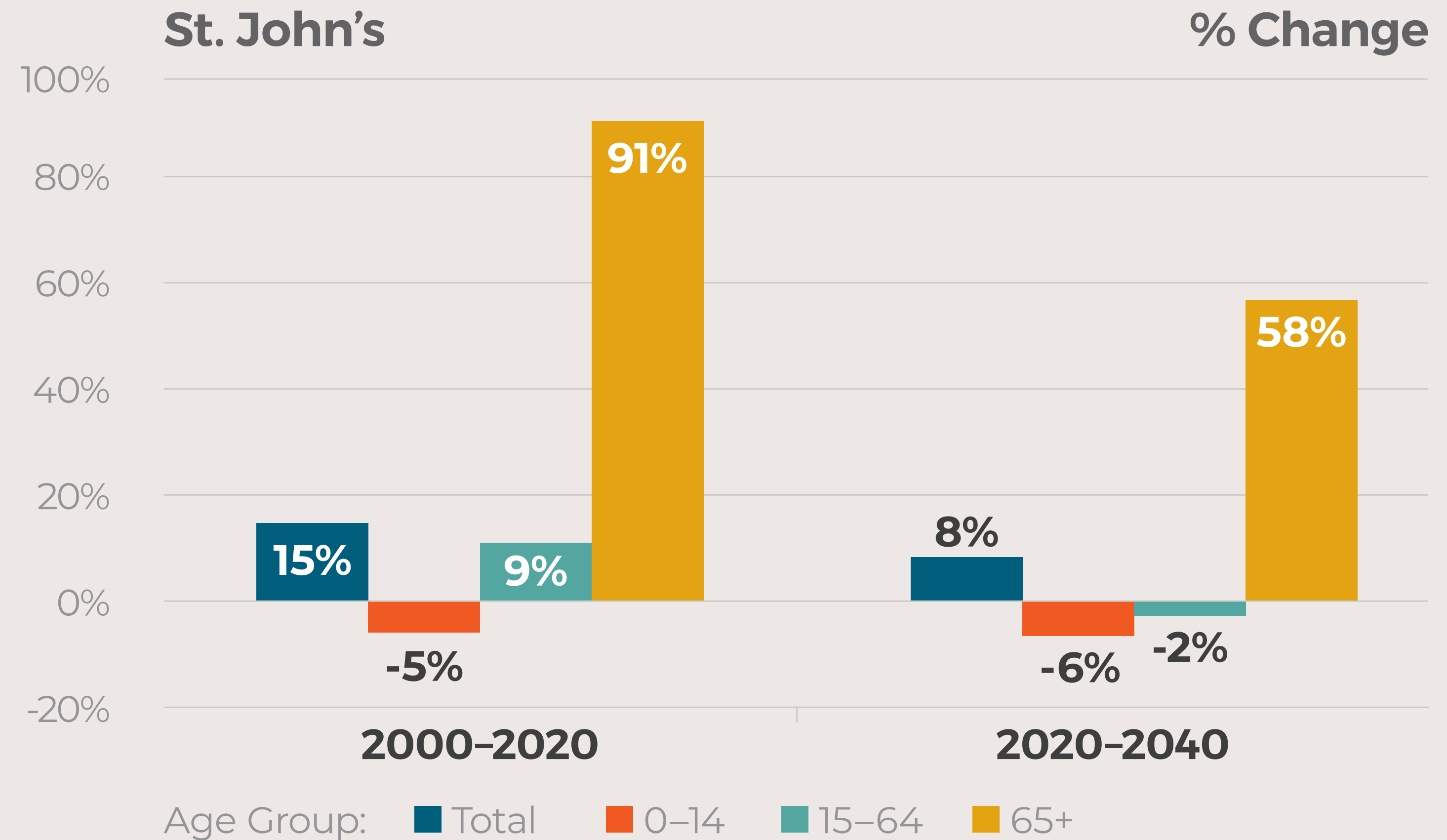
### NL Population 2040



## FACTS

**5** Demography of the population has radically changed to a low proportion of children, a high proportion of seniors, and departure from rural areas

there are **fewer people living in rural communities** and **more people in urban centres**

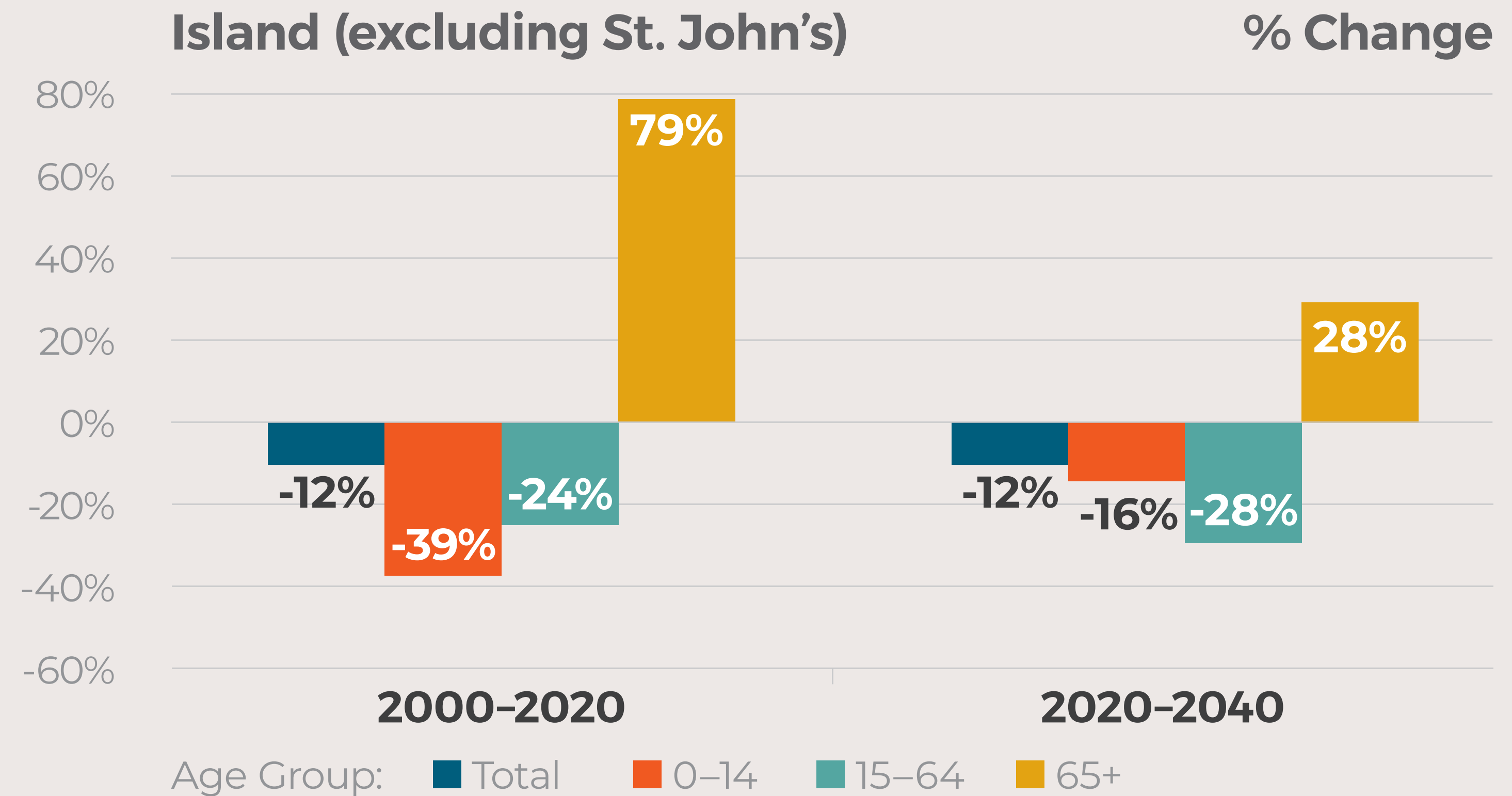


Source: Finance Gov NL

## FACTS

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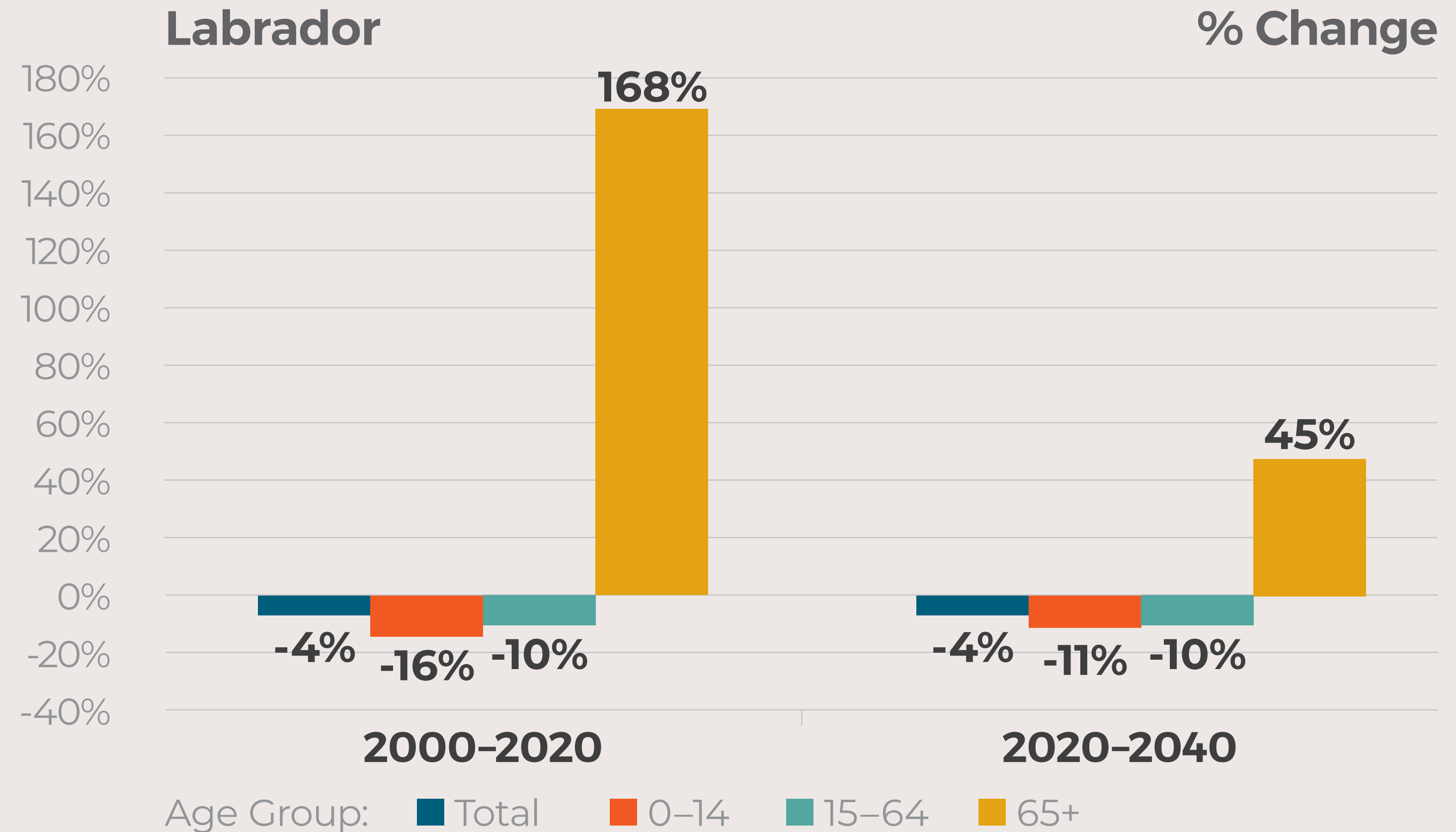


Source: Finance Gov NL

## FACTS

**5** Demography of the population has radically changed to a low proportion of children, a high proportion of seniors, and departure from rural areas

In Labrador, there has been a large increase in the number of seniors and this will continue



Source: Finance Gov NL

## FACTS

- 6 50-year-old institution-based system with an imbalance between community-based services and hospital services



Community care includes primary care, elder care, social care, public health



# COMMITTEES



Indigenous Advisory Group  
Community Sector Circle  
Key Informant Groups  
Engagement Group

## **Objective:**

Use evidence, strategies and public engagement to create a 10-Year Health Accord that will improve health in Newfoundland and Labrador

# Timelines



# **Your health. Your province. Your say.**

How can we become healthier?

How can we make healthier decisions?

How can we change the path we are on?

How can we reimagine the way to better health  
and health care in your community?

**Ask more questions at [www.healthaccordnl.ca](http://www.healthaccordnl.ca)  
or email [info@healthaccordnl.ca](mailto:info@healthaccordnl.ca)**



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